# Cracking the secret of eggs A comprehensive reference that covers all egg components and their known bioactive compounds

In the last decade, numerous studies have characterized the diverse biophysiological functions of egg components and their biologically active substances. Hen eggs are now understood to contain substances with applications that can improve human and animal health. With contributions from leading scientists from Canada, Japan, France, and the United States, Egg Bioscience and Biotechnology compiles the most recent advances in the study and use of the bioactive egg components into one definitive reference that:

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• Organizes information according to the parts of the egg: egg shell and membranes;

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 Includes chapters on egg structure and chemical composition; recent proteomic and genomic analyses of the eggshell; utilization of refined eggshell as a source of dietary calcium and eggshell membrane as a biological dressing for skin injuries; the biochemical and molecular characteristics of egg allergens; the production of

• Features a detailed discussion of the biological activities of egg white and egg yolk

 Covers protease inhibitors, nutrient bioavailability, and antibody and functional lipids Provides a perspective on the future of egg science and technology and the



# EGG BIOSCIENCE and BIOTECHNOLOGY

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Edited by Yoshinori Mine

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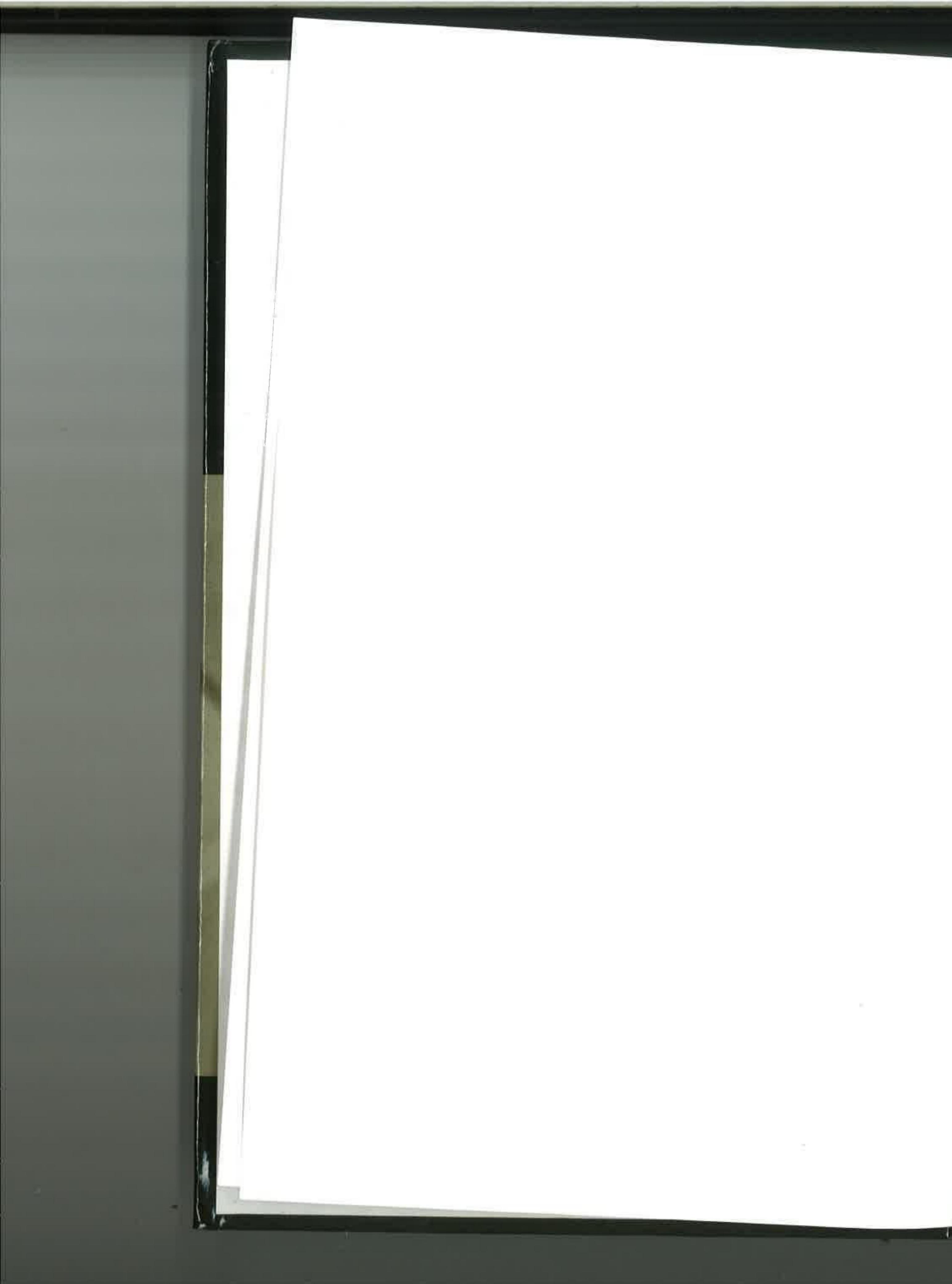
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**Edited** by

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# CONTENTS

#### Preface

#### Contributors

- Structure and Chemical Compos Eunice C. Y. Li-Chan and Hyun-Ock I
- **2** Biosynthesis and Structural Asse Maxwell T. Hincke, Olivier Wellman-L Joël Gautron, Yves Nys, and Karlheinz
- **Bioavailability and Physiological Eggshell Membranes** Yasunobu Masuda and Hajime Hirama
- 4 Bioactive Components in Egg Wh Yoshinori Mine and Icy D'Silva
- 5 Bioactive Components in Egg Yol' Hajime Hatta, Mahendra P. Kapoor, an
- 6 Egg Allergens Marie Yang and Yoshinori Mine
- 7 Production of Novel Proteins in C Robert J. Etches
- 8 Egg Products Industry and Futur Glenn W. Froning

Index

	vii
	ix
<b>sitions of Eggs</b> Kim	1
<b>embly of Eggshell Components</b> Labadie, Marc D. McKee, z Mann	97
l Function of Eggshells and	129
atsu	
hite	141
o <b>lk</b> Ind Lekh Raj Juneja	185
	239
Chicken Eggs	289
re Perspectives	307
	327



# PREFACE

Avian eggs have long been recognized as an excellent source of nutrients and foods. The egg is the largest biological cell known to originate from one cell division and is composed of various important chemical substances that form the basis of life. The egg is a complete set of biological substances containing nutrients such as proteins, lipids, inhibitors, enzymes, and various biologically active substances, including growth promoting factors as well as defense factors against bacterial and viral invasion. Since the mid-1990s, numerous extensive studies characterizing biophysiological functions of egg components and seeking novel biologically active substances in hen eggs have been conducted. These applications are being developed to utilize the nutritional and functional contributions of eggs not only in food products but also as biologically active components that may be used as nutraceutical and functional food ingredients with the potential to reduce the risk of disease and enhance human health and also as materials for drug and cosmetic applications. This book focuses mainly on the most recent advances in biologically active (bioactive) components such as nutraceuticals, pharmaceuticals, and cosmetics derived from egg components.

Chapter 1 defines the basic fundamental structural and chemical characteristics of eggs. Key elements of the physical structure, chemical composition, and properties of the eggshell, albumen, and yolk are described, including highlights of the most recent literature on factors that may affect structure and chemical composition, as well as novel functional or bioactive properties that are attributed to specific chemical components of eggs. The avian egg is a reproductive structure that has been shaped through evolution to resist physical, microbial, and thermal attack from an external and possibly aggressive environment, while satisfying the needs of the developing embryo. Chapter 2

The editor has succeeded in bringing together many renowned interna-

focuses on recent proteomic and genomic analyses of the eggshell and draws attention to the impact of this information on the current understanding of eggshell function. Chapter 3 deals with utilization of the refined eggshell as a source of dietary calcium and the eggshell membrane as a biological dressing for the treatment of skin injures. Chapters 4 and 5 describe the recent scientific body of literature on the numerous biological activities of egg white and egg yolk components. These include novel antimicrobial activities; antiadhesive and antioxidant properties; hypercholesterolemic, immunomodulatory, anticancer, and antihypertensive activities; protease inhibitory function; nutrient bioavailability; and antibody and functional lipids activities, highlighting the importance of egg and egg components in human health and disease prevention and treatment. The hen's egg is one of the most common sources of food allergens, especially in children. Chapter 6 focuses on providing the reader with up-to-date knowledge about the biochemical and molecular characteristics of egg allergens, as well as prospects for novel immunotherapeutic and preventive strategies against egg allergy. The potential to produce novel proteins in chicken eggs was identified in 1990, when the introduction of genetic modifications into the chicken genome was first suggested. Chapter 7 presents the background and most recent developments in the production of novel proteins in eggs. Along with changes in egg-processing technology, there has been a continuing growth of further processed egg products. Today, approximately 30% of the total consumption of eggs is in the form of further processed egg products. Chapter 8 discusses future perspectives of egg science and technology to increase the value of eggs. Continued research to identify new and existing biological functions of hen egg components will help define new methods to further improve the value of eggs, as a source of numerous biologically active compounds with specific benefits for human and animal health. tional egg experts to review current egg bioscience and biotechnology and is grateful to all the authors for their state-of-the-art compilation of the most recent developments in this field. The editor believes that this book will be the first to unlock the secrets of eggs as an excellent source of biologically active substances for various applications. It certainly warrants a broad readership in the disciplines of nutrition, pharmacology, nutraceutical/functional foods, poultry science, food science, biology, biochemistry, biotechnology, and life science. This book could also be used as a reference by senior undergraduate and graduate students.

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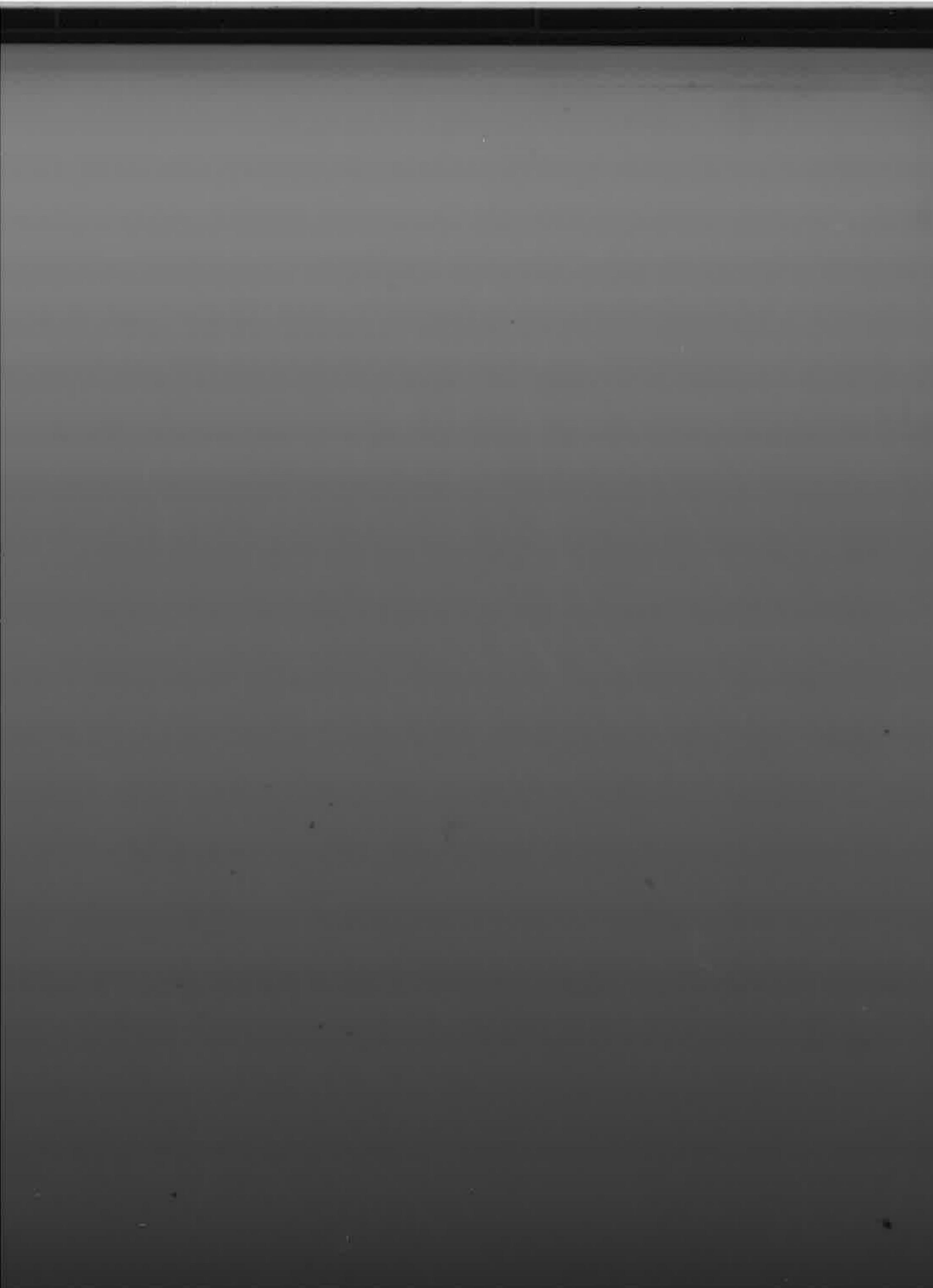
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### CONTRIBUTORS



INDEX

5.5

References followed by t indicate material in tables.

A CONTRACT AND A CONTRACT	
A1/2 ovoglobulins. See Ovoglobulins	Ac
Absorptivity, of eggshell powders, 132	Ac
ACE-inhibitory activity, of egg white proteins, 144	Aco
ACE-inhibitory peptides, ovalbumin and, 149	β-Α
Acellular milieu, in eggshell	Acti
mineralization, 112	11011
Acetylcholine, uses of, 197	Act
N-Acetylglucosamine (NAcGlc)	Act
avidin and, 39	Acti
lysozyme and, 34	Acti
in ovomucoid, 249	Δου
endo-\beta-N-acetylglucosaminidases,	Acy
ovomucoid deglycosilation with, 31	in
N-Acetyllactosamine-type	
sialyloligosaccharides, in egg yolk, 204	Ader
N-Acetylmuramideglycanohydrolases, 156.	Adeo
See also Lysozyme(s) (LYS)	Adse
N-Acetylmuraminic noid human 1	02015
N-Acetylmuraminic acid, lysozyme and, 34 N-Acetylneuraminic acid, NA N	Adve
N-Acetylneuraminic acid (NAcNeu,	Aeroi
Neu5Ac), 201, 202, 203	1
in ovomucoid, 249	Aflate

Egg Bioscience and Biotechnology Edited by Yoshinori Mine Copyright © 2008 John Wiley & Sons, Inc.

Acid phosphatases, in egg yolk, 51 cid proteases, in egg yolk, 51 cquired immunity, immunoglobulin Y and, 206 -Actin, in chicken transgene introduction, 294, 298 ctinobacillus pleuropneumoniae, IgY. versus, 224 ctivation of T regulatory cells, in treating egg allergy, 260 stive immunization, passive immunization versus, 216 yl LPA (lysophosphatidic acid) in eggs, 15 in egg yolk, 56 enosine deaminase, in egg yolk, 51 equate intake (AI), of calcium, 131 sorption, of metal ions by eggshell membrane, 138-139 verse food reactions, classification of, 240 romonas hydrophila, oral passive IgY immunization versus, 50 atoxin B1, for egg yolk pigmentation, 65

α-phosvitin, in egg yolk, 46 African horsesickness virus, IgY assays for, a-tocopherol, in egg yolk, 61, 65 Alzheimer's disease 214 Age of hens, egg chemical composition choline deficiency and, 198 clusterin and, 167 and, 15 Aggrecan, in eggshell biosynthesis studies, 104 Amastatin, 40 Albumen, 2 Amino acids chemical composition of, 1, 12, 15-16, in egg albumen, 22, 23t 22-41 in eggs, 12, 14t in eggshell and eggshell membranes, 18 in eggs, 141 in eggshell biosynthesis, 98 in egg yolk, 23t structure of, 8-9 in lysozyme, 33 thick and thin, 8-9 in ovalbumin Y, 26 Albumen proteins ovomucoid and, 153 antimicrobial, 117-118, 320t in phosvitin, 191 Amino acid sequencing, in eggshell in hen's eggs, 142 biosynthesis studies, 102 major, 293t Alcalase, 43 Aminopeptidases Alginate sodium, in IgY purification, 212 in albumen, 40 Alkaline phosphatase, in egg yolk, 51 in egg yolk, 51 Alkyl LPA (lysoplasmanic acid) Aminopropionitrile, in eggshell mineralization, 112 in eggs, 15 in egg yolk, 56 Amylase, in egg yolk, 51 Anaphylaxis, 241, 242, 246, 259 uses of, 197 Allergenic determinants, of ovalbumin, 253 Angiotensin I-converting enzyme (ACE)-Allergenicity (allergenic properties) inhibitory peptides of egg allergens, 247 in ovalbumin, 28 of eggshell powders, 136 in ovotransferrin, 30 of egg white proteins, 144 Anion binding, in ovotransferrin, 28 of immunoglobulin Y, 48 Ansocalcin in eggshell biosynthesis studies, 103-104 of ovalbumin, 252 of ovomucoid, 248–249 in eggshell mineralization, 115 Antiadhesive activity Allergens chemically modified, 266-267 of egg white components, 145-148t in eggs, viii, 239–288 of ovomucin, 154 Anti-aGal IgY, in xenotransplantation, 219 ovalbumin, 27–28 ovomucoid, 30-31 Antibacterial activity Allergen-specific immunotherapy (SIT), in of eggshell membranes, 22 treating egg allergy, 259-260 of egg yolk components, 186-187 Allergic disease, development of, 241 of lysozyme, 35 Allergoids, in treating egg allergy, 266-267 of phosvitin and derivatives, 47-48 "Allergy shot," 259 of triglycerides, 55 α-eleostearic acid (α-EA), in egg yolk, 55 Antibacterial protein, in egg white, 186  $\alpha$ -linolenic acid ( $\alpha$ -LA), in egg yolk, 53, Antibodies. See also Serum antibody 193, 194t, 195 basic structure of, 208  $\alpha$ -lipovitellins, in egg yolk, 45, 188, 190 in egg yolk, 187, 206-225  $\alpha$ -livetin, in egg yolk, 48, 189, 258 as immunosorbent ligands, 215-216 α-lytic proteinase, ovomucoid and, 153 in passive immunization, 216 in ubiquitous protein expression, 294-295  $\alpha$ -mannosidase, in egg yolk, 51  $\alpha$ -ovomucin, in albumen, 31, 32

#### INDEX

Antibody binding, by ovomucoid, 30 Antibody-dependent cellular cytotoxicity (ADCC), 300 in ubiquitous protein expression, 295 Anti-BRV administration, 220 Anticancer activity. See also Antitumor effects of avidin, 164 of cystatin, 162 of egg albumen proteins, 23 of eggs, 141 of egg white components, 145–148t of egg yolk components, 187 of lysozyme, 156 of ovalbumin, 148 of ovomucin, 154 Anti-E. tarda IgY antibody, 223 Antigenic characteristics, of egg albumen proteins, 23 Antigenic determinants, of ovalbumin, 253 Antigenicity (antigenic properties) of egg albumen proteins, 23 of egg allergens, 247–248 of egg white proteins, 144 of ovalbumin, 252 of ovomucoid, 248–249 Antigens detecting via immunoglobulins, 213 human blood group, 214 immunoglobulin Y versus, 207 Anti-H. pylori urease IgY antibody, 221, 222 Anti-HRV administration, 219–220 Antihypertensive activity of egg albumen proteins, 23 of egg white components, 145–148t of ovalbumin, 148–149 Anti-inflammatory activity, of egg yolk components, 187 Anti-lysozyme-specific IgE antibodies, 257 Antimicrobial activity of avidin, 39, 164–165 of cystatin, 38–39, 162 of egg albumen proteins, 23 of eggs, 141 of egg white, 143, 186 of egg white components, 145–148t of lysozyme, 34–35, 156–157 of ovalbumin, 150

of ovomucin, 154–155 of ovotransferrin, 151 of sialyloligosaccharides, 204, 205 of yolk proteins, 43 Antimicrobial defenses of eggshell, 116–120 in eggshell formation, 102 Antimicrobial defensins activity of, 119-120 in eggshell matrix proteomics, 111 Antimicrobial peptides in eggshell, 119–120 in ovalbumin, 28 Antimicrobial products, from eggshells, 321 Antimicrobial proteins, in albumen, 320t Antiovomucin antibodies, 32 Antioxidant activity of egg white components, 145–148t of egg white proteins, 144 of egg yolk components, 187 of lysozyme, 158 of ovalbumin, 150 of phospholipids, 199 Antioxidant peptides, in ovalbumin, 28 Antioxidants carotenoids as, 65 dietary, 61, 62 for PUFA-enriched products, 53 Antioxidative activity, of phosvitin, 47 Anti-P. aeruginosa IgY antibody, 223 Antisense RNA, in preparing hypoallergenic egg products, 269–270 Antiserum, in serum therapy, 216 Antiserum treatment, 217 Anti-TNF IgY, 223 Antitoxin, in serum therapy, 216 Antitumor effects, of ovomucin, 32–33. See also Anticancer activity Antivenom IgY, 217 Antiviral activity of egg white components, 145–148t of egg yolk components, 187 of lysozyme, 157 of ovoinhibitor, 159 of ovotransferrin, 29–30 of sialyloligosaccharides, 204 Anti-Y. ruckeri IgY antibody, 224 Apo-carotenoic acid (apo-E), for egg yolk pigmentation, 64

```
329
```



Atopic dermatitis, egg allergy and, 245 Apolipoprotein II (apoVLDL), in yolk Automatic egg breaking machines, 311, 312 plasma, 188 Avian eggs. See also Egg entries; Hen's Apo-ovotransferrin, crystal structure of, 29 eggs Apoprotein B (apoB) evolution of, 97-98 in egg yolk, 44, 290 structure of, vii-viii in yolk plasma, 188 substances in, vii-viii Apoproteins, 36 Avian eggshell in egg yolk, 44, 45 antimicrobial defenses of, 116-1201 lipovilletins as, 45-46 mineralization of, 112 as minor egg allergens, 258-259 Avian genome, cell-based systems for of ovoflavoprotein, 160 modifying, 297–299 Apoptosis. See Cell apoptosis; T cell Avidin, 163-165 apoptosis in albumen, 39 Apovitellenin I anticancer activity of, 164 as major egg allergen, 247, 259 antimicrobial activity of, 164-165 in yolk plasma, 188 antimicrobial properties of, 320t Apovitellenin II, in yolk plasma, 188 biological activities of, 147t Apovitellenin III, in yolk plasma, 188 biospecific ligand activity of, 165 Apovitellenin IV, in yolk plasma, 188 in hen's eggs, 142 Apovitellenin VI, as major egg allergen, immunomodulatory activity of, 165 247, 259 molecular structure, discovery, and Apovitellenins functions of, 163-164 in egg yolk, 44 purifying, 299 as minor egg allergens, 258-259 Avidin-biotin complex, 163-164, 165 Apple, hypoallergenic, 270 Avidin-biotinylated columns, in Arachidonic acid (AA) immunoaffinity chromatography, in chicken diet, 55, 56 215-216 in egg yolk, 193, 194t, 195 health-promoting effects of, 195-196 Bacillus cereus phospholipids and, 199 eggshell defenses against, 116 Arachis glabrata, for egg yolk eggshell products versus, 321 pigmentation, 64 ovotransferrin versus, 151 Armour patented pasteruization method, 315 Bacillus subtilis Ascorbic acid in eggshell biosynthesis studies, 106 dermatologic effects with eggshell eggshell defenses against, 117, 118 membrane, 138, 139 ovalbumin-derived peptides versus, 150 phosvitin-Fe(III) complex and, 47 Bacteria Ash. See also Minerals eggshell products versus, 321 in egg cuticle, 19 lysozyme and, 34-35 in eggs, 15t Bactericidal permeability increasing (BPI) in eggshell membranes, 22 proteins in egg yolk, 187 antimicrobial activity of, 118, 119 Assays, for lysozyme, 257–258. See also in eggshell biosynthesis studies, 106 CAP-FEIA tests; CAP-RAST assay; Bacteriostatic activity, of egg white peptides, Enzyme-linked immunosorbent 321. See also Antimicrobial activity assay (ELISA); Immunoblot BALB/c mice assays; Immunologic assays; lysozyme and, 258 Radioallergosirbent (RAST) assays; in managing egg allergy, 271 T-cell proliferation assay

#### INDEX

ovalbumin and, 253, 254	
ovomucoid and, 250, 251, 252	
in preparing hypoallergenic egg	
products, 269	
in treating egg allergy, 262–263, 267	
Basophils, food allergy and, 243	
B-cell conformational epitope, in preparing	
hypoallergenic egg products, 267	
B-cell epitopes	
of ovalbumin, 253, 255, 256	
of ovomucoid, 250–251, 252	
in treating egg allergy, 263	
B cells. See also B lymphocytes	
in novel protein production, 290	
in ubiquitous protein expression,	
294–295	
B-cell sequential epitope, in preparing	
hypoallergenic egg products, 267	
Behenic acid, in eggshell, 16, 17t	
Bestatin, 40	
β-actin, in chicken transgene introduction,	
294, 298	
β-carotene, in cholesterol-reduced egg	
yolk, 64	
$\beta$ -cryptoxanthin, in egg yolk, 63	
$\beta$ -cyclodextrin	
in altering lipid ad cholesterol content of	
eggs, 318–319	
cholesterol removal via, 58	
$\beta$ -defensins, antimicrobial activity of,	
119–120	
β-lactamase-producing bacteria,	
ovotransferrin versus, 151	
$\beta$ -lipovitellins, in egg yolk, 45, 188, 190	
$\beta$ -livetin, in egg yolk, 48, 189	
$\beta$ -ovomucin, in albumen, 31–32	
β-phosvitin, in egg yolk, 46	
Bifidobacterium, in managing egg allergy,	
270 270	
"Big Eight" food allergens, 241-242	
Biliverdin, in eggshell, 16	
Bioactive components	1
of eggs, vii, viii	1
in egg white, 141–184	1
in yolk, 185–237	F
Bioactive peptides	T
from egg white, 142–144	Ļ
in ovalbumin, 28	1
Bio-alpha, egg yolk lipids and, 54	

Bioavailability, of eggshell and eggshell membranes, 129–140 Biochemical processing, in preparing hypoallergenic egg products, 269 Biofilm development, in dental caries, 221 Bioinformatics, in eggshell biosynthesis studies, 102 Biological dressing, eggshell membrane as, 136-137 Bioscience, egg, viii, 1 **Biospecific ligand activity** of avidin, 165 of egg white components, 145-148t of ovomucoid, 152 Biosurfactants, phospholipids as, 196, 198–199 Biotechnology, egg, viii, 1 Biotin in albumen, 41 avidin and, 39, 163–164, 165 Biotin-binding proteins, in egg yolk, 190 Bird egg syndrome, 258 BlastN database searches, in eggshell biosynthesis studies, 106 Blast searching, in eggshell biosynthesis studies, 104–105 Blending, of liquid eggs, 311 "Blocking IgG," in treating egg allergy, 261 Blood-brain barrier, avidin and, 165 Blood group antigens, IgY assays for, 214 Blood plasma proteome, in eggshell matrix proteomics, 108 "Bloom," in eggshell biosynthesis, 99 Blotting, in eggshell matrix proteomics, 107. See also Immunoblot assays; Southern blot analysis; Western blot analyses B lymphocytes. See also B cells avidin and, 164–165 food allergy and, 243 immunoglobulin Y and, 209 Bone degradation, cystatin and, 38-39 Bone mineral density (BMD), effect of eggshell powders on, 132-134 Bone sialoprotein (BSP), in eggshell biosynthesis studies, 104, 105 Bordetella bronchiseptica IgY versus, 224 ovalbumin-derived peptides versus, 150



Bovine coronavirus (BCV) IgY versus, 224 oral passive IgY immunization versus, 50 Bovine rotaviruses (BRV) IgY versus, 220 oral passive IgY immunization versus, 50 Bovine serum albumin (BSA), 49 Bovine submandibular gland, sialic acid from, 202 BPI gene, 118 Bradykinins, ovalbumin and, 149 Breaking operations, for eggs, 310-311, 311-313 Breaking rooms, in egg products industry, 311-313 Breaking strength, of eggshell, 7, 8 Brevibacterium, in cholesterol reduction, 58 Brevican, in eggshell biosynthesis studies, 104

Caco-2 cells, ovomucin and, 32 CAL β, γ. See Chondrogenesis-associated lipocalins (CAL  $\beta$ , CAL  $\gamma$ ) Calcification of eggshell, 6 in eggshell mineralization, 112, 113-114 Calcified eggshell portion, in eggshell biosynthesis, 99 Calcified matrices, in eggshell mineralization, 111-112 Calcite in eggshell formation, 7 in eggshell palisades, 6 in vertical crystal layer, 7 Calcite crystals in eggshell, 16 in eggshell matrix, 19, 21 in eggshell mineralization, 114-116 Calcite growth, in eggshell formation, 4 Calcite layer, of eggshell, 2, 3, 6-8 Calcite microcrystals, in eggshell biosynthesis, 99 Calcitic columns, 101 Calcitonin, ovomucoid and, 152 Calcium (Ca) adequate intake of, 131 digestibility of, 132 in eggshell, 16 in eggshell matrix, 19

INDEX

in eggshell powders, 130 in phosphate binding, 135 solubility of, 132 vitamin D supplementation and, 62 Calcium-binding proteins, in eggshell mineralization, 114 Calcium carbonate absorptivity of, 132 in eggshell, 16 in eggshell matrix, 19, 20, 21 in eggshell mineralization, 112 in eggshell powders, 130, 131 as phosphate binder, 135 in vertical crystal layer, 6-7 Calcium carbonate crystals electron photomicrography of, 131 in eggshell, 129 Calcium carbonate deposition, in eggshell formation, 2 Calcium carbonate layer, of eggshell, 2, 3, Calcium carbonate precipitation, in eggshell mineralization, 114-115, 116 Calcium incorporation, phosvitin and, 47 Calcium metabolism, effects of eggshell administration on, 134t Calcium reserve assembly (CRA), 6 of eggshell, 2, 3 Calcium reserve body (CRB), 19 antimicrobial activity of, 120 Calcium reserve body sac, 6 Calcium supplementation, egg yolk composition and, 42 Calcium transport, in eggshell matrix, 21 Calcyclin, in eggshell and eggshell membranes, 19 Calf diarrhea, IgY versus, 220 Calliandra calothyrsus, for egg yolk pigmentation, 64 Calmodulin, in eggshell and eggshell membranes, 19 Campylobacter, IgY assays for, 214 Cancer diagnosis, IgY assays for, 214 Candida, ovotransferrin versus, 151 Candida albicans immunoglobulin Y versus, 51 lysozyme and, 34 ovalbumin-derived peptides versus, 150 Canthaxanthin (CN), in egg yolk, 64-65

#### INDEX

CAP-FEIA tests, for egg allergy, 245 Capillary electrophoresis, of eggshell matrix proteins, 21 Capillary tubes, in egg pasteurization, 315-316 CAP-RAST assay, of lysozyme, 257. See also Radioallergosirbent (RAST) assays Carbamylation, of IgY, 213 Carbohydrate moieties, of ovomucoid, 249 - 250Carbohydrates in egg albumen, 22, 41 in egg cuticle, 19 in eggs, 15t, 141 in egg white, 185, 191 in egg yolk, 59–60, 187, 191–192, 204 in hen's eggs, 142 in ovalbumin, 26 Carbon dioxide, in altering lipid ad cholesterol content of eggs, 318 Carboxymethylation, of ovalbumin, 253 Carboxypeptidase A, in eggshell biosynthesis studies, 105 Carious bacteria, IgY versus, 220-221 β-Carotene, in cholesterol-reduced egg yolk, 64 Carotenes, in egg yolk, 63 Carotenoids antioxidant properties of, 65 in egg yolk, 63-64  $\lambda$ -Carrageenan, in IgY purification, 212-213 Catalases, in albumen, 40 Cathelicidins, antimicrobial activity of, 119–120 Cathepsin D, in egg yolk, 51 Cavities. See Dental caries CD<sup>4+</sup> T helper cells, food allergy and, 242, 244 Cell apoptosis, in treating egg allergy, 260 Cell-based genome modification systems, 297-299 Cells, eggs as, vii Cellular mechanisms, of food allergy, 242 - 244Centrifugation, of egg yolk, 42. See also Ultracentrifugation Ceramide, 57 Cerebrosides, in egg yolk, 59

Ch21 protein, 165. See also Extracellular fatty acid-binding protein (ex-FABP) in albumen, 40 in egg albumen, 24 Chalazae cord, 9 in eggshell biosynthesis, 98 Chalaziferous layer, of albumen, 8, 9 Chemical composition, of eggs, 1, 12–65 Chemically modified allergens, in treating egg allergy, 266–267 Chicken aggrecan, in eggshell biosynthesis studies, 104 Chicken calcified eggshell organic matrix, proteomic analysis of, 107–111 Chicken defensins, antimicrobial activity of, 119–120 Chicken eggs, producing novel proteins in, 289-305 Chicken egg white avidin, 39 Chicken egg white riboflavin-binding protein, 36 Chicken heatshock protein 108 (HSP108), 28 Chicken pox, lysozyme versus, 157 Chickens. See also Gallus entries; Hen entries cloning of, 296 Newcastle disease vaccination of, 218 transgenic, 289, 290, 295–299 ubiquitous protein expression in, 294-295 Chicken serum albumin, in egg yolk, 48 Childhood food allergy, 239 to eggs, 244–246 prevalence of, 240–241 Chimeras, in novel protein production, 292, 299 Chitosan nanoparticles, in treating egg allergy, 265 Chloramphenicol transferase, 292, 295 Chlorine (Cl), in egg sanitization, 310 Cholecalciferol, egg yolk and, 62 Cholesterol in egg yolk, 15, 16, 52, 57–59, 186, 192, 193 egg yolk lipids and, 54 microbial reduction of, 58 oxidation of, 58-59 physical removal of, 58



Cholesterol absorption, sphingomyelin inhibition of, 57 Cholesterol absorption inhibition, by ovomucin, 32 Cholesterol content, processes to alter in eggs, 318-319 Cholesterol-reduced egg yolk, pigments in, Cholesterol-reduced egg yolk low-density lipoprotein (CR-LDL), 45, 58 Choline applications of, 321 deficiency of, 197-198 dietary sources of, 197 uses of, 196–197 Cholinesterase, in egg yolk, 51 Chondrogenesis-associated lipocalins (CAL β, CAL γ), 166 Chondrogenesis-associated lipocalins, biological activities of, 147t Chopped eggs, hard-cooked, 307 Chromatographic separation, of sialyloligosaccharides, 205 Chromatography, in specific antibody preparation, 212 Chromium (Cr) supplementation as affecting eggshell formation, 4 egg yolk composition and, 42 Chromosome 2, ovalbumin gene on, 292 Chymotrypsin oral IgY administration and, 220 ovoinhibitor and, 159 ovomucoid inhibition of, 152, 163 Clinical aspects, of egg allergy, 244-246 Clinical reaction thresholds, in egg allergy, 246 Clinical symptoms, of food allergy, 241, 242t Clinoptilolite, for egg yolk pigmentation, C-lobes, of ovotransferrin, 28, 29 Cloning, of mammals, 296 Clusterin in albumen, 40 biological activities of, 148t, 166-167 in eggshell biosynthesis studies, 103 in eggshell matrix, 20 in eggshell matrix proteomics, 111 in eggshell mineralization, 113

CMV-β-galaxtosidase transgene, 296 cmv-EGFP transgene, 295 CMV-GFP transgene, 296 CMV promoter, in chicken transgene introduction, 294 Coatings, eggshell cuticle and, 5 Cod liver oil, egg yolk and, 62 Collagen effects of eggshell membrane on, 137, 138t in eggshell membranes, 22 in eggshell mineralization, 111-112, 114 Collagen-containing fibrils, in eggshell formation, 2 Columns, in eggshell, 6 Commercial egg products, egg yolk lipids and, 54 Conalbumin, 28. See also Ovotransferrin (OTf) in egg albumen, 24-25 in egg yolk, 48 in hen's eggs, 142 as major egg allergen, 255 in novel protein production, 293-294 ConA-stimulated proliferative responses, avidin and, 164-165 Concanavalin A-induced proliferative response, ovoinhibitor versus, 159 Concentration, of egg products, 316-318 Confocal laser scanning microscopy, of eggshell membranes, 8 Conjugated linoleic acids (CLA) egg chemical composition and, 16 egg yolk and, 10 egg yolk lipids and, 53-54 Conjugated proteins, in hen's eggs, 142 Content, of egg albumen proteins, 23, 27t Continuous layer, 10 Coomassie staining, 299 Copper (Cu), in egg yolk, 60 Copper (Cu) supplementation as affecting eggshell formation, 4 egg yolk composition and, 42 Copper deficiency, in eggshell mineralization, 112 Core (C), of vesicular cuticle, 5 Corn zein solution, eggshell cuticle and, 5 Corona virus oral passive IgY immunization versus, 50 sialyloligosaccharides versus, 204

#### INDEX

	Cortical layer, of yolk, 11
	Cosmetic applications, eggs in, vii
	Cosmetics industry, phospholipids in,
	200
	Cow's milk
96	as food allergen, 241–242, 245
	hypoallergenic, 268
	CpG DNA, in treating egg allergy, 266
	CpG motifs, in treating egg allergy, 265–266
	Creutzfeldt–Jakob disease, clusterin and, 167
	Crohn's disease, IgY versus, 223
	Crossed radioimmunoelectrophoresis
	(CRIE) studies
	of major egg allergens, 247
	of ovalbumin, 253
	of ovotransferrin, 255
	Crosslinking, in eggshell mineralization, 112
	Cross reactivity, of hen egg proteins, 259
	Crown region, of eggshell matrix, 6
	Crustaceans, as food allergen, 241-242
	Cryptosporidium, IgY versus, 224
	β-Cryptoxanthin, in egg yolk, 63
	Crystal growth, in eggshell mineralization, 112–113, 114
	Crystallites, in eggshell, 6
	C-type lectins, in eggshell matrix, 20-21
	<i>c</i> -type lysozyme, antimicrobial activity of, 117
	Cultured fish infection, IgY versus,
	223–224
	Cuticle
	of eggshell, 2, 3, 4–6, 7, 19 in eggshell biosynthesis, 99–100, 101
	in eggshell structure, 129
	Cuticular vesicles, in eggshell formation,
	3-4
	Cyanogen bromide (CNBr)-cleaved OVA
	peptides, 253
	β-Cyclodextrin
	in altering lipid ad cholesterol content of
	eggs, 318–319
	cholesterol removal via, 58
	Cystatin, 161–163
	in albumen, 38–39 anticancer activity of 162
	anticancer activity of, 162 antimicrobial activity of, 162
	and a currently 01, 102

antimicrobial properties of, 320t biological activities of, 147t in hen's eggs, 142, 143 immunomodulatory activity of, 163 molecular structure and functions of, 161-162 protease inhibition by, 163 Cysteine proteases, cystatin and, 162 Cysteine proteinase inhibitor, cystatin as, 38 Cystic fibrosis (CF), IgY versus, 221-223 Cytokine networks, in treating egg allergy, 261 Cytokines cystatin and, 163 food allergy and, 242, 243 hen's eggs and, 143 ovomucoid and, 154 in treating egg allergy, 264, 265 Cytotoxic T lymphocytes (CTL), food allergy and, 242 Databases, in eggshell matrix proteomics, 107–108 Database searching, in eggshell biosynthesis studies, 102-103 Deep yellow yolk, 11 Defensins activity of, 119-120 in eggshell matrix proteomics, 111  $\beta$ -Defensins, antimicrobial activity of, 119–120 Deglycosilation, of ovomucoid, 31 Dehydration, of egg products, 316-318 Denaturing temperature, resistance of

ovomucoid to, 248–249 Dental caries, IgY versus, 220–221 Dentin matrix protein 1 (DMP1), in eggshell biosynthesis studies, 105 Dentin sialophosphoprotein (DSPP), in eggshell biosynthesis studies, 105 Dermatan sulfate, in eggshell matrix, 19 Dermatitis, egg allergy and, 245 Desensitization, in treating egg allergy,

"Designer eggs," 53, 141

Desmodium, for egg yolk pigmentation,

Desugarization, of egg products, 316



DNA (deoxyribonucleic acid) Developing embryo of embryonic stem cells, 297-298 in eggshell biosynthesis, 98 in newly fertilized oocytes, 296 eggshell formation and, 97 in novel protein production, 293 nutrients in eggs for, 185, 192 viral vectors and, 295-296 nutrients needed by, 141 DNA-based immunotherapy, in treating egg Dextran sodium sulfate, in IgY purification, allergy, 266 DNA constructs, in producing novel 212 Diarrhea, sialyloligosaccharides versus proteins, 289 rotavirus, 204–205, 207 DNA immunostimulatory sequences, in treating egg allergy, 265-266 Diet egg chemical composition and, DNA leakage effects, of phosvitin and 15-16 derivatives, 47-48 egg yolk composition and, 42 DNA technology, in treating egg allergy, Dietary conjugated linoleic acid (CLA), 261 egg yolk lipids and, 53-54 DNA vaccination, in treating egg allergy, Dietary copper content, egg yolk lipids Docosahexaenoic acid (DHA) and, 54 Dietary supplements in egg yolk, 53, 193, 194t, 195 as affecting eggshell formation, 4 health-promoting effects of, 195-196 for egg yolk pigmentation, 64 phospholipids and, 199 influence on cholesterol biosynthesis, Dogs, oral tolerance in, 260 Dolomite crystals, in eggshell, 16 57-58 of ovomucoid III domain, 250 Double-blind placebo controlled food Differential localization pattern, in eggshell challenge, 245-246 mineralization, 114 ovomucoid in, 249 Differential scanning calorimetry (DSC), Dried egg white, pasteurization of, 315 of VMO-1 protein, 41 Droaeicalcin-1,2 (DCA1, DCA2), in Digestibility, of calcium, 132 eggshell biosynthesis studies, 103 Digestion, of egg white, 142-143 Drug applications, eggs in, vii Dihydrosphingosine, in egg yolk, 59 Drug synthesis, phospholipids in, 1,25-Dihydroxyvitamin D, IgY assays for, 199–200 D'Silva, Icy, ix, 141 Diludine, egg chemical composition and, E3A Sanitary Standards and Accepted 1,2-Dioleoyl-sn-glycero-3-phosphocholine Practices, egg products industry (DOPC), in egg yolk, 56-57 regulation under, 308 1,2-Dipalmitoyl-sn-glycero-3-phospho-Edible films, egg white, 321 choline (DPPC), in egg yolk, 57 Edman sequence analysis, in eggshell Disease prevention, IgY in, 224 matrix proteomics, 107, 108 Disulfide bonds EDTA, 40in avidin, 163 Edwardsiella tarda in cystatin, 162 IgY versus, 223 in ovoflavoprotein, 160 lysozyme versus, 156 in ovotransferrin, 255 Eels, IgY versus infection in, 223 Disulfide bridges Egg albumen. See Albumen in ovoinhibitor, 158 Egg allergens, viii, 239-288 in ovotransferrin, 29 antigenic and allergenic properties of, Disulfide kringle domains, in 246-259 ovotransferrin, 29

#### **INDEX**

hypoallergenic egg product preparation, 267-270 immunomodulatory compounds in managing, 270–271 immunotherapy prospects for, 259–267 major, 246–248 Egg allergy, 244–246 clinical reaction thresholds in, 246 epidemiologic and clinical aspects of, 244-246 Egg bioscience, viii, 1 Egg biotechnology, viii, 1 Egg-breaking machines, 311, 312 Egg consumption, per capita, 308t Egg dryers, 317 Egg hypersensitivity, 136, 239. See also Egg allergens oral tolerance and, 260 Egg membranes, 8, 22 in eggs, 141 Egg oil, health-promoting effects of, 195 Egg powders, cholesterol oxidation and, Egg-processing technology, 307 Egg products concentration of, 316–318 dehydration of, 316–318 desugarization of, 316 egg yolk lipids and, 54 examples of, 307 frozen, 313 nutrients in, 308, 309t sanitization of, 310-311 Egg products industry, 307–325 new opportunities in, 319–322 unit operations in, 308–319 Egg Products Inspection Act of 1970, 313 Egg proteins allergenicity of, 239 attractive attributes of producing, 300 as major egg allergens, 247 in preparing hypoallergenic egg products, 267 Eggs. See also Chicken eggs altering lipid and cholesterol content of, 318-319 composition of, vii–viii, 1, 12–65, 141 consumption in Japan, 129 edible portion of, 12, 13–14t

functional properties of, 319–320 health benefits in, 322 natural defenses of, 97–98 newly fertilized, 296 nutritional value of, 185 pasteurization of, 313-316 processing liquid, 311–313 Salmonella-free, 313 structure of, 1, 2-12studies of, vii Eggshell, viii, 2. See also Shell entries antimicrobial defenses of, 116-120 bioavailability of, 129-140 chemical composition of, 12, 15t, 16-22 in eggs, 141 function of, 97–98 lactic fermentation of, 19 penetration by Salmonella enterica, 6 potential applications of, 129–140 structure of, 1, 2–8, 129 Eggshell biosynthesis, 98-100, 101. See also Eggshell formation mineralization in, 111–11 Eggshell calcium, 130 Eggshell formation, 2–4, 97–128 evolution of, 97–98 Eggshell matrix. See also Chicken calcified eggshell organic matrix chemical composition of, 19-21 constituents of, 2, 4, 6–8, 100–107 most abundant proteins associated with, 108, 109–110t, 111 Eggshell matrix proteins, applications of, Eggshell membranes (ESM), 2, 3, 8, 136–139 antibacterial activity of, 22 as biological dressing, 136–137 chemical composition of, 22 dermatologic effects with ascorbic acid, 138, 139 effects on human skin fibroblasts and type III collagen, 137–138 in eggshell biosynthesis, 98–99, 101 in eggshell mineralization, 112 lactic fermentation of, 19 metal ion adsorptive function of, 138–139 Eggshell mineral, in eggshell biosynthesis, 102



Eggshell powders, 130-13 absorption rate of, 132 allergic response to, 136 calcium fortification via, 131 chemical composition of, 130t effect on bone mineral density, 132-134 effect on fat absorption, 135-136 manufacture of, 130 as phosphate binders, 135 nutraceutical uses of, 136 solubility of, 132 structure of, 130-1316 Eggshell proteomics, 100-111 Eggshell-specific proteins, in eggshell mineralization, 113, 114 Eggshell strength, 7, 8 Egg washer, 310 Egg-washing chemicals, eggshell cuticle and, 5 Egg white, 8. See also Albumen acyl and alkyl LPA in, 15 bioactive components in, 141-184 components of, 185-186 containing S-ovalbumins, 26-27 deposition of novel products into, 289 egg allergens in, 247 enzymatic hydrolysis of, 321 freeze-dried, 268 improving foaming properties of, 319-320 liquid, 311-312 minor allergens in, 258 monoclonal antibodies produced in, 289 ovalbumin in, 251 ovotransferrin in, 255 pan-dried, 318 production of novel proteins in, 290-294 purification of proteins from, 299 sensitization to, 245 spray-dried, 318 Egg white components, biological activities of, 145–148t Egg white edible films, 321 Egg white gels, 319 Egg white proteins antimicrobial, 117-118 in eggshell mineralization, 113 Egg yolk. See Yolk Egg yolk antibody, 209. See also Immunoglobulin Y (IgY)

Egg yolk immunoglobin. See Immunoglobulin Y (IgY) Egg yolk powder, cholesterol oxidation and, Eicosapentaenoic acid (EPA) in egg yolk, 53, 193, 194t, 195 health-promoting effects of, 196 Eimeria coccidia, 16 Elastase, 26 ovomucoid inhibition of, 152 Electron-dense mantle (M), of vesicular cuticle, 5 Electron-lucent core (C), of vesicular cuticle, 5 Electrophoresis in eggshell matrix proteomics, 107 of ovalbumin, 26 of ovoglobulin, 33 of ovoinhibitor, 37 α-Eleostearic acid (α-EA), in egg yolk, 55 Elicitation phase, of food allergy, 242 Embryo(s) egg allergy and, 246 in eggshell biosynthesis, 98 nutrients in eggs for, 185, 192 nutrients needed by, 141 stage X, 297, 298 Embryo development, eggshell formation and, 97 Embryonic fibroblasts, 296 Embryonic stem (ES) cells modifying avian genome via, 297–298 in novel protein production, 292 Emulsification, phosvitin in, 47 Emulsification properties, of low-density lipoproteins, 45 Emulsifier, egg yolk as, 320 endo-\beta-N-acertylglucosaminidases, ovomucoid deglycosilation with, 31 Enteric redmouth disease, IgY versus, 224 Enterococcus faecalis, eggshell defenses against, 118 Enterotoxigenic Escherichia coli (ETEC) strain H10407, immunoglobulin Y and, 50Enterotoxins, IgY neutralization of, 217-218 Enzymatic fragmentation, in preparing hypoallergenic egg products, 268-269

INDEX

Enzymatic hydrolysis Ethanol precipitation, in preparing in preparing hypoallergenic egg hypoallergenic egg products, 269 products, 269 Europe of egg white, 321 food allergens in, 242 Enzymatic processing, in preparing n-6/n-3 fatty acid ratio in, 195 hypoallergenic egg products, 268 Exclusion diet, in treating egg allergy, 259 Enzyme-linked immunosorbent assay Exopolysaccharides, in eggshell and (ELISA) eggshell membranes, 19 of eggshell proteins, 7 in preparing hypoallergenic egg products, 269 proteomics, 108–111 in treating egg allergy, 262 Expression screening, in eggshell Enzymes biosynthesis studies, 102 as affecting eggshell formation, 4 Extracellular fatty acid-binding protein in albumen, 40 in egg yolk, 51 147t, 165–166 ovomucoid and, 152 Eosinophils, food allergy and, 243 Fab fragments, in egg yolk, 48, 49, 50 Epidemiology, of egg allergy, 244-246 False positives, immunoglobulins and, Epitope mapping. See also HEL-specific 213 - 214epitopes Fat, reduction in daily diet, 197 of ovalbumin, 253–255, 256 Fat absorption, effect of eggshell powder of ovomucoid, 248, 250-251, 252 administration on, 135-136 of ovotransferrin, 255 Fatso (fso) protein EPO promoter, newly fertilized oocytes in egg albumen, 25, 40 and, 296 in hen's eggs, 142 Ergocalciferol, egg yolk and, 62 Fatty acids Erythropoietin, in novel protein production, in egg albumen, 22 292, 294 in egg products, 308 Escherichia coli in eggs, 12, 13–14t avidin versus, 164 in eggshell, 16, 17t in eggshell biosynthesis studies, 106 eggshell defenses against, 116 polyunsaturated, 49 immunoglobulin Y and, 50 FceRI high-affinity receptor, food allergy lysozyme versus, 157 and, 243 ovalbumin-derived peptides versus, 150 Fecal total lipids, effect of eggshell powder ovokinin and, 149 administration on, 135-136 ovomacroglobulin and, 36 Feed ovotransferrin versus, 151 egg chemical composition and, 15-16 phosvitin and derivatives versus, 47-48 influence on cholesterol biosynthesis, rabies virus expressed in, 218 57–58 in treating egg allergy, 261, 262 oil-supplemented, 56 Escherichia coli K-12, eggshell products Ferric ion (Fe<sup>3+</sup>) uptake/binding, by versus, 321 Escherichia coli O157:H7 entries eggshell products versus, 321 Fibrils, in eggshell formation, 2 egg yolk lipoproteins versus, 46 Fibroblasts ovomucin and, 32, 154 effects of eggshell membrane on, 137, 138t Etches, Robert J., ix, 289 embryonic, 296

Exponentially modified protein abundance index (emPAI), in eggshell matrix (ex-FABP), biological activities of, in egg yolk, 24t, 52, 53, 54, 59, 193-195 ovotransferrin, 28-29. See also Iron



Formula. See Human infant formula Ficin-papain inhibitor, in albumen, 38-39 FOSHU ("food for specialized health Films, from egg white, 321. See also uses"), 268 Biofilm development Fourier transform infrared (FTIR) spectra Filtration, of liquid eggs, 311. See also of avidin, 39 Reverse osmosis; Ultrafiltration in eggshell studies, 4 Fine noncalcinated eggshell powder Fowlicidins, antimicrobial activity of, 120 (FNCEP), allergenic activity of, 136 Framingham Dietary Study, 307-308 Fish, as food allergen, 241-242 Free radicals, egg white versus, 144 Fish infection, IgY versus, 223-224 Freeze-dried egg powders, cholesterol Fishmeal, egg chemical composition and, oxidation and, 59 15 Freeze-dried egg white, as allergen, 268 Fish oil, dietary, 56 Froning, Glenn W., ix, 307 Flavoprotein, 160 Frozen egg products, 313 in albumen, 36 Fucose, in ubiquitous protein expression, antimicrobial properties of, 320t 294 in egg albumen, 24 Functionality, of eggs and egg products, Flavourzyme, ovomucin and, 32 319-320 Flaxseed supplements, egg chemical Fungi, lysozyme and, 34 composition and, 15 Fleming, Alexander, 155 G2 globulin, in egg albumen, 24 FLJ10305 protein G2/3 ovoglobulins. See Ovoglobulins in egg albumen, 25, 40 G3 globulin, in egg albumen, 24 in hen's eggs, 142 Gala1-3Gal epitope, in xenotransplantation, Flour, hypoallergenic, 268–269 219 Fluorescein isothiocyanate (FITC) staining, Galactosaminoglycans, in eggshell, 17 of eggshell membranes, 8 Galactose (Gal), in ovomucoid, 249 Fluorescence, riboflavin, 36 Galactosylceramide, in egg yolk, 59 Fluorescence in situ hybridization (FISH), Gallinacin-8, in eggshell matrix 298 proteomics, 111 Foaming properties, improving egg white, Gallinacins, antimicrobial activity of, 319-320 119-120 Folate-binding proteins, 36 Gallus domesticus Food, hypoallergenic, 267 albumen proteins of, 40 Food allergy, 239, 240-244 egg albumen proteome of, 25 "Big Eight" food allergens, 241-242 immunoglobulin Y of, 49 clinical symptoms of, 241, 242t Gallus gallus. See also Chicken entries; defined, 240 molecular and cellular mechanisms of, Hen entries albumen proteins of, 40 242-244 eggshell antimicrobial activity in, 117, oral tolerance and, 260-261 prevalence of, 240-241 genomic sequencing of, 142 "Food hormones," 142 Gallus gallus domesticus, egg yolk Food intolerances, food allergies versus, enzymes of, 51 240 γ-globulin, in egg yolk, 48 Food preservative, lysozyme as, 156 y-irradiation Food processing, sialic acid in, 202-203 of ovomucoid, 31 Food products in preparing hypoallergenic egg eggs in, vii, 1 products, 269 immunomodulatory, 271

#### INDEX

γ-livetin, in egg yolk, 48, 189 Gangliosides, 204	
Ganglioside species, in egg yolk, 59	
Garlic powder, egg chemical composition	
and, 15	
Gastrointestinal system, egg allergy and,	
245	
Gautron, Joël, ix, 97	
G-CSF promoter, newly fertilized oocytes and, 296	
Gel chromatography, of ovoinhibitor, 37	
Gel filtration, ovomucin separation via, 31	
Genes, encoding serpin proteins, 290-292	
Genetic engineering	
in preparing hypoallergenic egg	
products, 269–270	
in treating egg allergy, 261–263	
Genomes, cell-based systems for	
modifying, 297–299	
Genomic DNA, in novel protein	
production, 293	
GFP marker gene, 298	
Globulins, in egg albumen, 24. See also	
Immunoglobulin entries	
Glucan-binding protein B (GBP-B), in	
dental caries, 221	
Glucosamine, in egg yolk, 204	
Glucose	
in egg albumen, 22, 41	
in egg product desugarization, 316	
in eggshell membranes, 22	
in egg yolk, 59	
Glucosyltransferase, from carious bacteria,	
220	
Glutathione, phosvitin phosphopolypeptides and, 47	
N-Glycan carbohydrates, ovomucoid and,	
250	
N-Glycan-specific IgE, 249	
Glycine, in eggshell and eggshell	
membranes, 18	
β-1,4-Glycosidic linkage, lysozyme	
hydrolysis of, 34	
Glycoconjugates, sialic acid and, 201-202,	
203	
Glycolipids	
in egg yolk, 59	
in hen's eggs, 143	
sialic acid in, 201, 203–204	

N-Glycolylneuraminic acid (Neu5Gc), 201, 202 Glycopeptides, ovomucin and, 32 Glycoprotein(s) in albumen, 40 avidin, 39 biological activities of, 148t in eggshell biosynthesis, 99 in eggshell formation, 102 in egg yolk, 59 in hen's eggs, 142, 143 minor, 168 ovalbumin, 25–28 ovoglycoprotein, 37 ovoinhibitor, 37-38 ovomucin, 31–33 ovotransferrin, 28–30 phosvitin, 191 RBP and, 189 sialic acid in, 201, 203-204 Glycosaminoglycans in eggshell, 17 in eggshell matrix, 19 in eggshell mineralization, 116 Glycosaminoglycan units, in eggshell biosynthesis studies, 105 Glycosphingolipids, in egg yolk, 59 Glycosylation of ovoflavoprotein, 160 in ubiquitous protein expression, 294 N-Glycosylation, of ovomucoid, 249 GMFA mutant isoform, of ovomucoid, 251 GMFA recombinant domain III, in treating egg allergy, 262–263 GMP conditions, in chicken breeding, 300 G protein, of rabies virus, 218 Gram-negative bacteria eggshell defenses against, 116-117, 119 lysozyme and, 34, 35, 157 ovotransferrin versus, 151 eggshell defenses against, 116-117, 119 lysozyme and, 34, 35, 156, 157 Granules, in yolk, 9, 12, 24t, 42, 188, 190–191

Glycosidases, in albumen, 40

Gram-positive bacteria

```
Green tea powder (GTP), egg yolk lipids
     and, 54
```



Green tea powder supplements, egg chemical composition and, 16 Growth factors, hen's eggs and, 143 GST fusion protein, in eggshell biosynthesis studies, 106

H1 histone, antimicrobial activity of, 119 H2B histone, antimicrobial activity of, 119

H&H embryos, 298 Hapten, immunoglobulins and, 213 Hatta, Hajime, ix, 185 Haugh unit (HU) value, 5, 8, 32 HEAL motif, immunoglobulin and, 290 Health, egg yolk lipids and, 195-196 Health benefits, 322 Heart-related diseases, n-6/n-3 fatty acid ratio and, 195 Heat, as affecting eggshell formation, 4 Heat denaturation of lysozyme, 35 in preparing hypoallergenic egg products, 268 Heating in egg pasteurization, 313-316 of ovomucoid, 31 Helicobacter pylori egg yolk antibodies versus, 322 immunoglobulin Y versus, 51, 207, 219, 221, 222, 224 ovoglycoprotein and, 37 Helix-loop-helix (HLH) peptides, 34 HEL-specific epitopes, lysozyme and, 258 Hemagglutination, ovomucin inhibition of, Hemagglutination inhibition by ovomacroglobulin, 36 by ovomucin, 32 Hematoside, IgY assays for, 214 Hemoclassification, IgY assays for, 214 Hemocyanin, immunoglobulins and, 213

allergen, 257-258 egg allergy, 267

Hen egg lysozyme (HEL), as major egg Hen egg lysozyme (RCM-HEL), in treating Hen egg lysozyme-specific T-cell

responses, 258 Hen egg proteins, cross reactivity of, 259 INDEX

Growth-factor-like lipids, in egg yolk, 56

Hen egg white, molecular mass of components of, 142 Hen egg white lysozyme (HEWL), 33, 35-36 Hens, in specific antibody preparation, 209-210, 211t. See also Chicken entries; Gallus entries Hen's age, egg chemical composition and, 15 Hen's eggs acyl and alkyl LPA in, 15 allergy to, 239, 241-242 calcification in, 6 formation of, 7, 8 immunoglobulin distribution in, 208 microstructural yolk changes in, 12 nutrients in, 141 protein content of albumen of, 23-25 shell structure of, 2, 3, 4 sialic acid from, 202-203 substances in, viii vitelline membrane strength of, 10-11 Hep21 protein, biological activities of, 148t, 167 Herpes simplex, lysozyme versus, 157 Heteroprotein, immunoglobulin Y versus, 207Hexane-isopropanol, in altering lipid and cholesterol content of eggs, 318 "Hidden" allergens, 259 High-density lipoproteins (HDL) in egg yolk, 42, 43, 45-46 properties of egg yolk, 187t in yolk granules, 188, 190-191 High performance liquid chromatography (HPLC). See also Reverse-phase HPLC of eggshell matrix proteins, 21 High-pressure processing, in preparing hypoallergenic egg products, 269 High-pressure spray nozzle, in egg dryer, 317 High-temperature exposure (HTE) egg yolk and, 10-11 preventing egg deterioration from, 61-62 High-throughput mass spectrometry, in eggshell matrix proteomics, 107-108 Hincke, Maxwell T., ix, 97 Hiramatsu, Hajime, ix, 129

#### INDEX

Histamine, food allergy and, 244	
Histones, antimicrobial activity of, 119	
HLA genotype, in treating egg allergy, 26	1
Holding rooms, in egg products industry,	+
310–311 310–311	
Holoavidin complex, 164	
Homologous recombination, in novel	
protein production, 292	
Horizontal spray dryer, 317	
Horse serum, 217	
HTST pasteurizing systems, 313, 314	
Human anti-mouse IgG antibodies	
(HAMA) in immunated in $(HAMA)$	
(HAMA), in immunologic assays, 214 Human blood group anticense L M	
Human blood group antigens, IgY assays for, 214	
the second s	
Human infant formula, egg yolk lipids in,	
187, 195–196 Human nalvalandi di di	
Human polyclonal antibodies, in novel	
protein production, 290	
Human rotaviruses (HRV), oral passive IgY	
immunization versus, 50	
Human rotavirus infection, IgY versus,	
219–220, 225	]
Humans	ł
IgY prevention of hyperacute rejection	
in, 218–219	F
oral tolerance in, 260–261	F
Human skin fibroblasts (HSF), effects of	
eggshell membrane on, 137, 138t	H
Human thymidine kinase 1 (TK1), IgY	H
assays for, 214	H
Human transferrin, IgY assays for, 214	Η
Hyaluronic acid, in eggshell matrix, 19	H
Hydrogen bonds, in avidin, 39	
Hydrogen peroxide, in egg pasteurization,	H
315	
Hydrolysis	
in preparing hypoallergenic egg	Ig
products, 269	0
of sphingomyelins, 57	
Hydrolyzed eggshell membrane (HEM),	
effects on human skin fibroblasts and	[g]
type III collagen, 137–138	~0*
Jydrophobic moiety, adding to lysozyme	
molecule, 156-157	
Iydroxyapatite	1
in eggshell biosynthesis, 99	IgE
in eggshell formation, 3-4	-gr
in eggshell palisades, 6	

 $7\alpha$ -Hydroxycholesterol ( $7\alpha$ -OH), from cholesterol oxidation, 58-59 7 $\beta$ -Hydroxycholesterol (7 $\beta$ -OH), from cholesterol oxidation, 58-59 25-Hydroxycholesterol (25-OH), from cholesterol oxidation, 58-59 Hydroxy fatty acids, in egg yolk, 59 Hydroxyproline, in eggshell and eggshell membranes, 18 "Hygiene hypothesis," in managing egg allergy, 270 Hyperacute rejection, IgY use versus, 218-219 Hypercholesterolemia attenuation, by ovomucin, 32, 155 Hypercholesterolemic activity of egg white components, 145-148t of ovomucin, 32, 155 Hypersensitivity. See also Egg hypersensitivity to food allergens, 240 oral tolerance and, 260 Hypertension, hen's eggs and, 143-144 Hypertensivity reactions, to egg white proteins, 144 Hypoallergenic apple, 270 Aypoallergenicity, preparing hypoallergenic egg products, 267-270 Hypoallergenicity, 239, 367–270 Aypoallergenic rice, 269–270 Aypoallergenic soybean, 269 Aypoallergenic vaccines, 239 lypomethylated CpG dinucleotide motifs, in treating egg allergy, 266 Ayposensitization, in treating egg allergy, gE antibodies. See also Immunoglobulin E (IgE) anti-lysozyme-specific, 257 in managing egg allergy, 271 gE-binding activity. See also Immunoglobulin E (IgE) binding in ovomucoid epitope mapping, 250-251, 252in treating egg allergy, 262 E-binding properties of egg allergens, 247–248

of ovomucoid, 248–249



Immunoglobulin E (ÍgE) binding, 27–28. IgE epitopes See also IgE-binding entries of ovalbumin, 253-254 Immunoglobulin G (IgG), 48, 49, 51. See ovomucoid and, 30-31 also "Blocking IgG"; IgG entries IgE-mediated allergic response, 271 human, 290 ovomucoid and, 30 immunoglobulin Y versus, 207–209 IgE-mediated egg allergy, 245-246 as immunosorbent ligand, 215-216 IgE-mediated food-allergic reactions, 27 in managing egg allergy, 271 IgE sensitization, egg allergy and, 245 in medical diagnosis, 213-214 IgG1 isotypes, in ovalbumin epitope preparation of, 209-210, 211t mapping, 253. See also specific antibody productivity and, 212 Immunoglobulin G (IgG) in yolk plasma, 189 IgG4 isotype switching, in treating egg Immunoglobulin M (IgM), 48, 207, 208. allergy, 264 See also IgM isotypes IgG-binding activity in medical diagnosis, 213 in ovomucoid epitope mapping, 250-251, in yolk plasma, 188–189 Immunoglobulin production stimulating 252 in treating egg allergy, 262 factor, lysozyme and, 158 IgG-binding properties Immunoglobulins (Igs), 207 of egg allergens, 247 distribution in hen's egg, 208 of ovomucoid, 248-249 in egg yolk, 290 IgG epitopes, ovomucoid and, 30, 31 Immunoglobulin Y (IgY) IgM isotypes, in ovalbumin epitope applications of, 322 mapping, 253. See also in egg yolk, 48–51, 187, 189, 206–225 Immunoglobulin M (IgM) as immunologic tool, 207, 213-216 Immediate hypertensivity reactions, to egg as immunosorbent ligand, 215-216 white proteins, 144 in medical diagnosis, 213-215 Immune deviation, in treating egg allergy, oral administration of, 219–224 passive immunization via, 207, 216-217, 260 Immune-mediated reactions, defined, 240 224-225 Immune system, hen's eggs and, 143 purification of, 212-213 Immunity, for neonatal chicks, 290 serum antibody versus, 207-209 Immunoaffinity chromatography sialic acid and, 203 IgG and IgY as ligands in, 215–216 snake venom neutralization by, 217 in specific antibody preparation, 212 specific antibody productivity and, Immunoblot assays, in treating egg allergy, 211-212 specific antibody preparations and, 209-262Immunochemistry, in eggshell biosynthesis 210, 211t studies, 102 stability of, 50 Immunodominant T-cell epitopes, in staphylococcal enterotoxin neutralization treating egg allergy, 264 by, 217-218 Immunoglobulin A (IgA), 48, 207, 208 systemic administration of, 217-219 human, 290 versus Crohn's disease, 223 Immunoglobulin D (IgD), 207 versus cultured fish infection, 223-224 Immunoglobulin E (IgE), 207. See also IgE versus cystic fibrosis, 221-223 entries versus dental caries, 220-221 egg allergy and, 245-246 versus hyperacute xenotransplant food allergies and, 240, 243-244 rejection, 218-219 in preparing hypoallergenic egg versus miscellaneous diseases, 224 products, 268

#### INDEX

#### INDEX

versus Newcastle disease virus, 217, 218 versus rabies virus, 217, 218 Immunologic assays, IgY in, 214 Immunologic characteristics, of egg albumen proteins, 23 Immunomodulatory activity of avidin, 165 of cystatin, 163 of egg albumen proteins, 23 of eggs, 141 of egg white components, 145-148t of egg yolk components, 187 of lysozyme, 158 of ovalbumin, 150 of ovomucin, 155 of ovomucoid, 154 of ovotransferrin, 152 Immunomodulatory food products, 271 Immunosorbent ligand, immunoglobulins G and Y as, 215–216 Immunotherapy allergen-specific, 259–260 egg allergens in, 259–267 Industrialized countries, food allergy prevalence in, 240–241 Industrial-scale production, of egg white peptides, 144 Infant formula. See Human infant formula Infants, egg allergy in, 245 Infectious bursal disease virus (IBDV), IgY versus, 224 Influenza vaccine, egg allergy and, 246 Influenza virus ovomucin verssu, 155 sialic acid and, 202 sialyloligosaccharides versus, 204 Inhibition ELISA studies, of ovomucoid, 248 Injection, for introducing transgenes into chicken genome, 296 Inner layer, of cuticle, 4–5 Inner shell membrane, 8, 22 antimicrobial activity of, 120 in eggshell mineralization, 112 Inner thick layer, of albumen, 8 Inner thin white layer, of albumen, 8 Inner vitelline layer, 9–10, 12 Insulin, ovomucoid and, 152

```
Interferon-gamma (IFN-γ)
   food allergy and, 242, 243
    ovomucoid and, 154
   in treating egg allergy, 262, 266
 Interleukin-2 (IL-2), food allergy and, 242
 Interleukin-4 (IL-4)
   food allergy and, 242, 243
   in treating egg allergy, 262
 Interleukin-5 (IL-5), food allergy and, 242
Interleukin-9 (IL-9), food allergy and, 242
Interleukin-10 (IL-10), in treating egg
     allergy, 264
Interleukin-12 (IL-12), food allergy and,
      243
Interleukin-13 (IL-13), food allergy and,
     242, 243
Interleukin-18 (IL-18), in treating egg
     allergy, 265
 Interleukins (ILs)
   food allergy and, 242, 243
   ovomucoid and, 154
Intermediate ovalbumin, 26
Intestinal microflora, in managing egg
     allergy, 271
Intramuscular injection, antibody
     administration via, 216, 217
Intravenous injection, antibody
     administration via, 216, 217
Iodine (I), in egg yolk, 60
Iodoacetamide, 40
Iron (Fe)-binding capacity, of phosvitin,
    46-47. See also Ferric ion (Fe<sup>3+</sup>)
     uptake/binding
Iron (Fe)-deficient bacteria, phosvitin and,
Iron chelators, ovotransferrin and, 151
Isoelectric focusing (IEF), egg alnumen
    protein analysis via, 23–24
Isoelectric points
 of egg albumen proteins, 23, 26, 27t
  for ovoinhibitor, 37
Japan
  egg allergy prevalence in, 245
  egg consumption in, 129
 human rotavirus infection in, 219
```

n-6/n-3 fatty acid ratio in, 195 osteoporosis in, 131

lysozyme use in, 155



Japanese green tea powder (GTP), egg yolk lipids and, 54 Japanese green tea powder supplements, egg chemical composition and, 16 Japanese quail ovoinhibitor, 159 Juneja, Lelch Raj, ix, 185 Kallikrein, IgY assays for, 214 Kapoor, Mahendra P., ix, 185 Kazal protein inhibitor family, 30, 37 ovoinhibitor in, 159 ovomucoid and, 153 Keratin oversulfated proteoglycan, in eggshell membranes, 22 Keratin sulfate, in eggshell membranes, 22 Keratin sulfate proteoglycans, in eggshell matrix, 19 7-Ketocholesterol (7-keto), from cholesterol oxidation, 58-59 Kim, Hyun-Ock, x, 1 Klebsiella pneumoniae, avidin versus, 164 Korea, egg allergy prevalence in, 245

Kringle domains, in ovotransferrin, 29 β-Lactamase-producing bacteria, ovotransferrin versus, 151 Lactic fermentation, of whole eggshells, 19 Lactobacillus IgY versus, 220 in managing egg allergy, 270 Lactobacillus casei, in managing egg allergy, 271 Lactobacillus fermentum, in managing egg allergy, 270 Lactococcus, in managing egg allergy, 271 Lactococcus lactis, in managing egg allergy, 271 Lactoferrin, 28 Latexin, in eggshell biosynthesis studies, 105 LBP gene, 118 LDF1 subfraction, 44 LDF2 subfraction, 44 LDL-1 protein, in yolk plasma, 188 LDL1 subfraction, 44 LDL-2 protein, in yolk plasma, 188 LDL2 subfraction, 44 LDP1 subfraction, 44

LDP2 subfraction, 44

Leaf extracts, for egg yolk pigmentation, 64 Lecithin antioxidant activity of, 199 applications of, 321 in egg yolk, 55, 192 extracting and separating, 56 modified, 198-199 Lecithin-free egg yolk, 43 Lectins avidin and, 39 in eggshell matrix, 20-21 Leishmaniasis, cystatin and, 163 Leucaena leucocephala, for egg yolk pigmentation, 64 Li-Chan, Eunice C. Y., x, 1 Life expectancy, n-6/n-3 fatty acid ratio and, 195 Light microscopy (LM), of egg yolk structures, 10, 11-12 Light yellow yolk, 11  $\alpha$ -Linolenic acid ( $\alpha$ -LA), in egg yolk, 53, 193, 194t, 195 Linoleic acid (LA) in chicken diet, 55 in egg yolk, 193, 194t, 195 Lipid assemblies, avidin and, 39 Lipid content, processes to alter in eggs, 318-319 Lipids effect of eggshell powder administration on, 135–136 in egg albumen, 22, 41 in eggs, 12, 13-14t, 15t, 141 in eggshell biosynthesis, 99 in egg yolk, 186, 187, 191–200 health-promoting effects of, 195-196 in hen's eggs, 142, 24t, 41-42, 43t, 52-59 Lipocalins chondrogenesis-associated, 166 ex-FABP, 165-166 Lipopolysaccharide (LPS) motifs, in treating egg allergy, 266 Lipopolysaccharide-binding proteins (LBP) antimicrobial activity of, 118 in eggshell biosynthesis studies, 106 Lipoprotein(s) in egg yolk, 42, 43, 44-45, 45-46, 186 in IgY purification, 212-213 phosvitin and, 47

#### INDEX

Lipoprotein-coagulating agents, in IgY purification, 212-213 Lipoprotein emulsions, in yolk, 11 Lipoprotein globules, in yolk, 9 Liposome-based drug synthesis, phospholipids in, 199-200 Liposome modeling, 200 Liposomes, of phospholipids, 200 Lipovitellenins, in egg yolk, 43-45. See also Low-density lipoproteins (LDL) Lipovitellins in egg yolk, 45–46, 187t in yolk granules, 188, 190 α-Lipovitellins, in egg yolk, 45, 188, 190 β-Lipovitellins, in egg yolk, 45, 188, 190 Liquid egg processing, 311–313 Liquid egg white, 311–312 Listeria monocytogenes in egg pasteurization, 315 eggshell products versus, 321 lysozyme versus, 156 Livetin(s) in egg yolk, 43, 48–51, 187t as minor egg allergens, 258 in yolk plasma, 188, 189 α-Livetin, in egg yolk, 48, 189, 258 β-Livetin, in egg yolk, 48, 189 γ-Livetin, in egg yolk, 48, 189, 203 Localization pattern, in eggshell mineralization, 114 Low-density lipoprotein globules, in yolk, Low-density lipoproteins (LDL) cholesterol removal from, 58 in egg yolk, 43–45, 187t in yolk granules, 191 in yolk plasma, 188–189 Lustrin A, in eggshell biosynthesis studies, 104 Lutein in egg products, 308 in egg yolk, 63, 64, 65 Lymphocytes avidin and, 164–165 ovoinhibitor and, 159 Lysobacter enzymogenes, ovomucoid and, 153 Lysophosphatidic acid (acyl LPA) in eggs, 15

in egg yolk, 56 uses of, 197 Lysophosphatidylcholine (LPC), in egg yolk, 55, 192, 193t Lysophosphatidylethanolamine (LPE), in egg yolk, 55 Lysoplasmanic acid (alkyl LPA) in eggs, 15 in egg yolk, 56 uses of, 197 Lysozyme(s) (LYS), 155–158 in albumen, 33-36 anticancer activity of, 156 antimicrobial activity of, 117, 120, 156-157 antimicrobial properties of, 320t antioxidant activity of, 158 antiviral activity of, 157 biological activities of, 146t discovery and molecular structure of, 155-156 in eggshell biosynthesis, 98 in eggshell biosynthesis studies, 102 in eggshell matrix, 19-20, 21 in eggshell matrix proteomics, 111 in eggshell membranes, 22 in eggshell mineralization, 113, 114, 115 in egg white, 186 as food allergen model, 257 in hen's eggs, 142 immunomodulatory activity of, 158 as major egg allergen, 246–248, 257–258 modified, 156–157 molecular structure of, 257 as nutraceutical, 320-321 ovomucoid complexes with, 30 ovotransferrin and, 255 in preparing hypoallergenic egg products, 268 purifying, 299 structure and function of, 33–34 Lysozyme enhancer and promoter elements, in novel protein production, 293 Lysozyme locus, in novel protein production, 292, 293, 294 Lysozyme nanofilms, 156 Lysyl oxidase activity, in eggshell membranes, 22

Lytic enzyme, in egg white, 186



Macaca fascicularis, in eggshell biosynthesis studies, 105 α-2-Macroglobulin, 36 Macrophages cystatin and, 163 food allergy and, 242 Magnesium (Mg) in eggshell, 16-17 in eggshell powders, 130 Magnum region, egg white production from, 290, 291 Maillard-type phosvitin-galactomannate complex, 47 Maleic anhydride, in treating egg allergy, 266 Mammals cloning of, 296 IgY as immunologic tool in, 214-215 in specific antibody preparation, 209-210, 211t Mammillae chemical composition of, 19 in eggshell membranes, 22 Mammillan in eggshell matrix, 19 in eggshell membranes, 22 Mammillary bodies antimicrobial activity of, 120 in eggshell biosynthesis, 99, 100, 101 Mammillary cone layer in eggshell biosynthesis, 99, 100 in eggshell mineralization, 113 Mammillary knob layer, 6, 7 Mammillary knobs, in eggshell formation, 2, 6 Mammillary zone (M) in eggshell, 2, 3, 7 in eggshell biosynthesis, 99 Manganese (Mn), in egg yolk, 60 Mann, Karlheinz, x, 97  $\alpha$ -Mannosidase, in egg yolk, 51 Mannose (Man) in egg yolk, 204 in ovomucoid, 249

Mannose residues, avidin and, 39 Mantle (M), of vesicular cuticle, 5 Marek's disease virus, IgY versus, 219 Marigold xanthophylls (MX), for egg yolk pigmentation, 64-65

Mass spectrometry in eggshell matrix proteomics, 107-108 of hen's eggs, 142 Masuda, Yasunobu, x, 129 Maternal immunity, for neonatal chicks, 290 Matrix-assisted laser desorption-ionization/ time-of-flight (MALDI-TOF) mass spectrometry, egg albumen protein analysis via, 24-25 Matrix extracellular phosphoglycoprotein ' (MEPE), in eggshell biosynthesis studies, 104-105 Matrix proteins applications of, 321 in eggshell, 16 in eggshell formation, 2, 4, 100-107 in eggshell mineralization, 113, 114 McKee, Marc D., x, 97 MDOT promoter, in novel protein production, 294 Medical diagnosis, using immunoglobulin Y, 213–215 Menaquinones (MK), in egg yolk, 63 Metal binding, to lysozyme, 35 Metal ions adsorption by eggshell membrane, 138-139 in egg white, 186 Metalloproteinase inhibition, by ovostatin, 161 Metals in egg yolk, 60 phosvitin complexes with, 46-47 Mice. See also BALB/c mice; Mouse IgG lysozyme studies using, 258 in managing egg allergy, 271 oral tolerance in, 260 ovomucoid and, 250, 251 in preparing hypoallergenic egg products, 269 in treating egg allergy, 262-263, 265, 266-267 Micrococcus luteus, lysozyme versus, 156 Microencapsulation, protective effects of, 50

Microorganisms, in managing egg allergy, 270–271. See also Bacteria

#### INDEX

Microstructural changes, in hen's egg yolk, 12	]
Milk, nutritional value of, 185	
Milk products, hypoallergenic, 267,	
268	,
Mineral cations, yolk granules and, 9	,
Mineralization, in eggshell biosynthesis,	
99, 101, 102, 111–116	ŀ
Mineralization-specific genes, in eggshell	'
biosynthesis studies, 104	
Mineralized eggshell, formation and	r
composition of, 112-113	N
Mineralized layer, of cuticle, 4–5	1
Minerals	N
in egg albumen, 22, 41	
in eggs, 12, 13t, 15t, 141	N
in egg white, 186, 191	-
in egg yolk, 25t, 60, 191–192	N
Mine, Yoshinori, viii, x, 141, 239	-
Minimal erythemal dose (MED), eggshell	N
membranes and, 138	
Minimal persistent pigmenting dose	N
(MPPD), eggshell membranes and,	N
138, 139	N
Minor allergens	
in egg white, 258	N
in egg yolk, 258–259	Ν
MMR (measles, mumps, rubella) vaccine,	
egg allergy and, 246	N
Modified lecithin, phospholipids in,	N
198–199	
Molecular cloning, in eggshell biosynthesis	
studies, 102	Ne
Molecular mechanisms, of food allergy,	
242–244	Ni
Molecular weight	
of chicken cystatin, 38	
of egg albumen proteins, 23, 27t	Ni
of hen's egg components, 142	
of ovoinhibitor, 37–38	
Molt, eggshell and, 7	<i>N</i> -
Monacolin K, egg yolk lipids and, 54	No
Monoclonal antibodies, 300	
in novel protein production, 293	No
produced in egg white, 289	
in ubiquitous protein expression, 294–295	No
	No
Monounsaturated fatty acids (MUFA), in	h T
egg yolk, 52, 53, 193	N-6

Mouse IgG, as immunosorbent ligand, 215 Muramidase activity, of lysozyme, 34, 35, 156 *n*-3 fatty acids in egg yolk, 195 metabolic pathways of, 196 n-6 fatty acids in egg yolk, 195 metabolic pathways of, 196 n-6/n-3 fatty acid ratio, 195 Naive T (Th0) cells, food allergy and, 243 Nanofiltration, cholesterol removal via, Nanoparticles, in treating egg allergy, 265 Native-PAGE, egg albumen protein analysis via, 23–24 Natural killer T (NKT) cells, food allergy and, 244 Neomycin, 297 Neonatal calf diarrhea, IgY versus, 220 Jeonatal chicks, mternal immunity for, 290 Neuraminic acid, 201 Veurocan, in eggshell biosynthesis studies, 104 Neutral lipids, in egg yolk, 192, 193 lewcastle disease virus IgY prevention of, 217, 218 ovomucin and, 32 Vewly fertilized oocytes, for introducing transgenes into chicken genome, 296 iacin in albumen, 41 in egg yolk, 60 itrogen (N) in eggshell, 17–18 from egg white protein, 142 -lobes, of ovotransferrin, 28, 29-30 onpathogenic microorganisms, in managing egg allergy, 270–271 ontoxic adverse food reactions, defined, 240 onvesicular cuticle (NVC), 5 orth America, n-6/n-3 fatty acid ratio in, 195 ovalbumin, 26–27



Novel proteins future prospects for, 300-301 producing from chicken eggs, 289-305 N-terminal sequencing, in eggshell biosynthesis studies, 102 Nuclear magnetic resonance (NMR) of low-density lipoproteins, 45 of VMO-1 protein, 41 Nucleotide base manipulation, in treating egg allergy, 261-262 Nucleotides, sialic acid and, 201-202 Nutraceuticals egg products as, 320-322 from hen's eggs, 141 lysozyme, 156 Nutrients in egg products, 308, 309t in eggs, vii, 1, 12, 13-14t, 15t in hen's eggs, 141 Nuts, as food allergen, 241-242 Nys, Yves, x, 97 Oil-in-water (O/W) emulsification, lecithin and, 198–199 Oil-in-water (O/W) interface in cholesterol removal, 58 low-density lipoproteins at, 45 Oil-supplemented feeds, egg yolk and, 56 Oleic acid (OA) in chicken diet, 55 in egg yolk, 54, 193, 194t Oligosaccharides. See also Sialyloligosaccharides in eggshell matrix, 21 in ovomucoid, 31 sialic acid in, 203 Olive oil egg chemical composition and, 16 egg yolk lipids and, 54 Omega-3 fatty acids, in egg products, Omega-3 PUFA, in egg yolk, 52, 53, 55 Omega-6 PUFA, in egg yolk, 52, 53, 55 Oocytes, for introducing transgenes into chicken genome, 296 Oophorectomy, 132, 133, 134 Oral administration of immunoglobulin Y, 219–224 in passive immunization, 216, 217

Oral anti-TNF therapy, 223 Oral challenge, in ovalbumin epitope mapping, 254 Oral drug delivery, ovomucoid and, 152 Oral passive immunization, immunoglobulin Y and, 50-51, 216, 217, 219–224 Oral tolerance, in treating egg allergy, 260-261 Organic acids, eggshell cuticle and, 5 Organic layer, of cuticle, 4, 5 Organic solvent delipidation, in IgY purification, 212 Organ transplants, IgY in, 218-219 Osteopontin (OPN) in eggshell biosynthesis studies, 104, 105, 106–107, 111 in eggshell matrix, 20, 21 in eggshell matrix proteomics, 108 in eggshell mineralization, 113, 114, 116 Osteoporosis in Japan, 131 ovomucoid and, 152 OTAP92 peptide, from ovotransferrin, 151 Outer layer, of cuticle, 4, 5 Outer shell membrane, 8, 22 in eggshell mineralization, 112 Outer thick white layer, of albumen, 8 Outer thin white layer, of albumen, 8 Outer vitelline layer, 9-10, 12 Ovalbumin (OVA), 148–150. See also OVA entries anticancer activity of, 148 antihypertensive activity of, 148-149 antimicrobial activity of, 150 antioxidant activity of, 150 biological activities of, 145t in egg albumen, 24-25, 25-28 in eggshell biosynthesis studies, 102, 103 in eggshell matrix, 19-20 in eggshell mineralization, 113, 114 epitope mapping of, 253-255, 256 in hen's eggs, 142 immunomodulatory activity of, 150 as major egg allergen, 246-248, 251-255, 256 molecular structure of, 251

#### INDEX

oral tolerance and, 260 ovotransferrin and, 255 in preparing hypoallergenic egg products, 268, 269 prevalence of, 251–252 sialic acid and, 203 in treating egg allergy, 264, 266 Ovalbumin-DNA conjugates, in treating egg allergy, 266 Ovalbumin gene, 289 Ovalbumin gene Y protein, 26 Ovalbumin locus, in novel protein production, 292–293 Ovalbumin production, 290–292 Ovalbumin promoter, 298 Ovalbumin-related Y protein, 26 Ovalbumin Y, 26 OVA-sensitized mice, in treating egg allergy, 265. See also Ovalbumin (OVA) OVA-specific T-cell lines, 255, 256 OVA-specific T-cell-mediated response, in preparing hypoallergenic egg products, 269 Oviposition, eggshell biosynthesis and, 99 Ovocalyxin-32 (OCX32) antimicrobial activity of, 118 in eggshell biosynthesis studies, 105-106 in eggshell matrix, 20 in eggshell mineralization, 114, 116 Ovocalyxin-36 (OCX36) antimicrobial activity of, 118, 119, 120 in eggshell biosynthesis studies, 102, 106 in eggshell matrix, 20 in eggshell mineralization, 114 Ovocalyxins (OCXs) in eggshell biosynthesis studies, 103, 105-106 in eggshell matrix proteomics, 111 Ovocleidin-17 (OC17) in eggshell biosynthesis studies, 102, 103-104 in eggshell matrix, 20-21 in eggshell mineralization, 114, 115, 116 Ovocleidin-23 (OC23), in eggshell matrix, 20 - 21Ovocleidin-116 (OC116) in eggshell biosynthesis studies, 102, 104–105

in eggshell matrix, 19, 20 in eggshell mineralization, 116 sequence of, 21 Ovocleidins (OCs) in eggshell biosynthesis studies, 103 - 105in eggshell matrix proteomics, 111 Ovocystatin, in albumen, 38–39 **Ovofactor** 1 biological activities of, 147t, 165 in hen's eggs, 142 Ovoflavoprotein, 160 in albumen, 36–37 biological activities of, 147t in egg white, 190 in hen's eggs, 142 Ovoglobulin G2, 33 Ovoglobulin G3, 33 Ovoglobulins, 155 in albumen, 33 biological activities of, 146t in eggshell biosynthesis, 98 in hen's eggs, 142 Ovoglycan, 104 in eggshell biosynthesis studies, 105 in eggshell matrix, 19 in eggshell mineralization, 114, 116 Ovoglycoprotein, 159–160 in albumen, 37 biological activities of, 147t in hen's eggs, 142 Ovoinhibitor, 158–159 antimicrobial properties of, 320t antiviral activity of, 159 biological activities of, 147t in egg albumen, 24, 25, 37–38 in hen's eggs, 142, 143 protease inhibition by, 159 Ovoinhibitor-galactomannan conjugate, 159 Ovoinhibitor locus, in novel protein production, 294 Ovokinins, in ovalbumin, 28, 148–149 Ovomacroglobulin, 160–161 in albumen, 36 antimicrobial properties of, 320t biological activities of, 147t in hen's eggs, 142, 143 protease inhibition by, 160-161

- Ovomucin(s), 8, 154-155 in albumen, 31-33 antiadhesive activity of, 154 anticancer activity of, 154 antimicrobial activity of, 154-155 biological activities of, 146t in eggshell biosynthesis, 98 in hen's eggs, 142 as major egg allergen, 246-248 as minor egg allergen, 258 sialic acid and, 203  $\alpha$ -Ovomucin, in albumen, 31, 32 β-Ovomucin, in albumen, 31-32 Ovomucoid (OVM), 152-154, 272 amino acid sequence of, 153 biological activities of, 146t in egg albumen, 24, 30-31 in hen's eggs, 142, 143 in managing egg allergy, 271 251, 252 molecular structure of, 248
  - oral tolerance and, 260 ovalbumin and, 251 ovoinhibitor and, 158-159 products, 268 sialic acid and, 203 Ovomucoid III domain allergenicity of, 250 in treating egg allergy, 262 production, 294 oocytes and, 296 Ovostatin in albumen, 36

INDEX

hypercholesterolemic activity of, 155 immunomodulatory activity of, 155 antimicrobial properties of, 320t biospecific ligand activity of, 152 immunomodulatory activity of, 154 as major egg allergen, 246-248, 248in preparing hypoallergenic egg protease inhibition by, 152-153 in treating egg allergy, 262, 263, 264 Ovomucoid carbohydrate moieties, allergenicity of, 249-250 epitope mapping of, 250-251, 252 Ovomucoid locus, in novel protein Ovomucoid-lysozyme complexes, 30 Ovomucoid promoter, newly fertilized

in egg albumen, 24

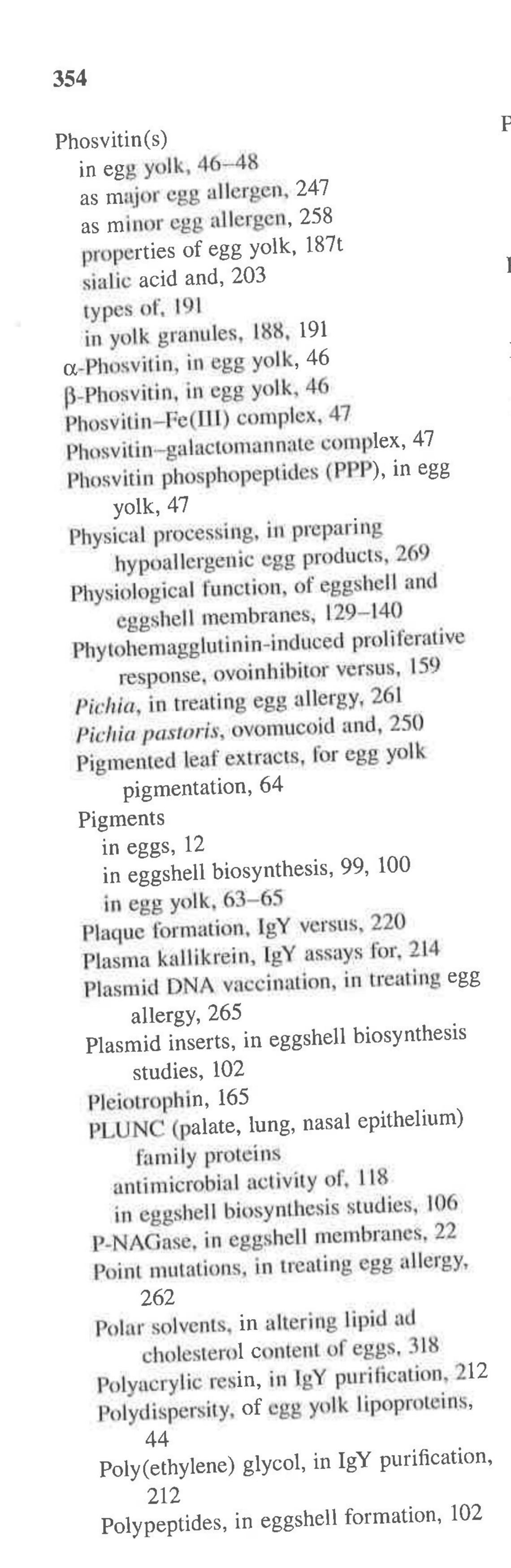
in hen's eggs, 142 protease inhibition by, 161 Ovotransferrin (OTf, OTF), 150-152 antimicrobial activity of, 117, 118, 151 antimicrobial properties of, 320t applications of, 320-321 biological activities of, 145t crystal structure of, 299 in egg albumen, 24, 28-30 in eggshell biosynthesis, 98 in eggshell biosynthesis studies, 102, in eggshell matrix, 20 in eggshell membranes, 22 in eggshell mineralization, 113, 114, 115 in hen's eggs, 142 immunomodulatory activity of, 152 as major egg allergen, 247, 248, 255 as nutraceutical, 320-321 sialic acid and, 203 Ovotransferrin epitopes, 255 Ovotransferrin locus, in novel protein production, 293-294 Oxidation of dietary cholesterol, 58-59 of PUFA-enriched products, 53 Oxidative damage, phosvitin protection against, 47 Oxidative stress ovotransferrin and, 29 phosvitin versus, 47 Oxysterols, cholesterol oxidation and, 59 P10 protein, IgY versus, 224 Palisade layer, 6, 101 in eggshell mineralization, 113 vertical crystal layer and, 6-7 Palisades (Pal) of eggshell, 2, 3, 6, 7 in eggshell biosynthesis, 99, 100 Palmitic acid (PA), in egg yolk, 54, 193, 194t Palmitoleic acid (PcA), in egg yolk, 193, 1941 Pancreatitis, ovomucoid and, 152 Pan-dried egg white, 318 Pangborn method, phospholipid extraction via, 198 Pantothenic acid, in egg yolk, 60

#### INDEX

Papain, cystatin and, 163. See also Ficinpapain inhibitor Paracola disease, IgY versus, 223 Parathyroid hormone (PTH), effects of eggshell administration on, 134 Parkinson's disease, clusterin and, 167 Passive immunization. See also Oral passive immunization active immunization versus, 216 via IgY, 207, 216–217, 224–225 yolk antibody in, 217 Pasteurella multocida, IgY versus, 224 Pasteurization of eggs, 313–316 lysozyme inactivation via, 34 Pathogenic antigens, immunoglobulin Y versus, 207 Pathogens, immunoglobulin Y versus, 207 Pathogen-specific antibodies, in passive immunization, 216 Pattern recognition receptors (PRRs), in treating egg allergy, 265–266 PBMC cultures in lysozyme epitope mapping, 258 in ovalbumin epitope mapping, 255 Peanuts, as food allergen, 241-242, 245 Pepsin, oral IgY administration and, 220 Peptidase, in egg yolk, 51 Peptide-based immunotherapy, in treating egg allergy, 264 Peptide mapping, of eggshell matrix proteins, 21 Peptides from egg white, 142-144, 321 industrial-scale production of, 144 in ovalbumin, 28 Peptidyloligosaccharides, 205 Per capita egg consumption, 308t PGK-GFP transgene, 295 PGK promoter, in chicken transgene introduction, 294 pH effects on immunoglobulin Y, 49–50 of egg white, 143, 311 of egg yolk, 312 Phaffia rhodozyma, for egg yolk pigmentation, 64 Phagocytic response, ovotransferrin and, 152

Pharmaceutical industry phospholipids in, 199-200 sialyloligosaccharides in, 205 o-Phenanthrolene, 40 Phosphatases in albumen, 40 in egg yolk, 51 Phosphate binders, eggshell powders as, 135 Phosphatidic acid (PA), in egg yolk, 193t Phosphatidylcholine (PC) applications of, 321 deficiency of, 197–198 in egg yolk, 55, 56, 192, 193t uses of, 197 in yolk plasma lipoproteins, 188 Phosphatidylethanolamine (PE) in egg yolk, 55, 56, 192, 193t in yolk plasma lipoproteins, 188 Phosphatidylinositol (PI), in egg yolk, 1931 Phosphoglycoproteins, 203 ovoflavoprotein, 160 Phospholipase A, egg yolk emulsifiying ability and, 320 Phospholipids (PL) antioxidant activity of, 199 in egg yolk, 52, 55–56, 192, 193t, 321 extracting and separating, 56 in lipovitellins, 190 non-egg-yolk sources of, 198 Pangborn extraction of, 198 uses of egg-yolk-derived, 196–200 in yolk plasma lipoproteins, 188 Phosphopeptides, in eggshell matrix proteomics, 108 Phosphorus (P) dietary calcium and, 131 egg chemical composition and, 15 in eggshell, 16, 17 in eggshell biosynthesis, 99 eggshell powder binding of, 135 in egg yolk, 60 in phosvitin, 46 vitamin D supplementation and, 62 Phosphorylation in eggshell mineralization, 116 of ovoflavoprotein, 160

<sup>353</sup> 



INDEX

cholesterol content of eggs, 318

Polysaccharides in eggshell and eggshell membranes, 19 in eggshell biosynthesis, 99 in eggshell matrix, 19 in egg yolk, 60 Polyunsaturated fatty acids (PUFA), 49 in egg yolk, 52, 53, 54, 55, 56, 193-195 health-promoting effects of, 195 Porcine endogenous retrovirus (PERV), IgY versus, 219 Porcine epidemic virus (PEDV), IgY versus, 224 Pore canals in eggshell, 2, 129 in eggshell biosynthesis, 99 Porphyridium in chicken diet, 55, 57 for egg yolk pigmentation, 64 Porphyrin, in eggshell, 16 Porphyromonas gingivalis, cystatin versus, Portulaca oleacea, in chicken feeds, 58 Potassium (K) in egg white, 185 in eggshell powders, 130 Precipitation in eggshell mineralization, 114-115, ovomucin preparation via, 32 Precooked egg products, 307 Preventive vaccination, versus Newcastle disease virus, 218 Prick tests, for egg allergy, 245, 246 Primordial germ cells (PGCs) expansion of, 297 modifying avian genome via, 298–299 Probiotics, in managing egg allergy, 270-271 Pro-inflammatory T cell anergy, in treating egg allergy, 260 Proline, in eggshell and eggshell membranes, 18 Promoters in chicken transgene introduction, 294 newly fertilized oocytes and, 296 Pronase, ovomucin and, 154-155 Prostaglandin, immunoglobulins and, 213 Protease inhibition. See also Protease inhibitory activity by cystatin, 163

#### INDEX

by ovoinhibitor, 158, 159 by ovomacroglobulin, 160–161 by ovostatin, 161 Protease inhibitors in egg white, 186 in hen's eggs, 143 ovalbumin, 251 Protease inhibitory activity. See also Protease inhibition of egg albumen proteins, 23 of egg white components, 145–148t of ovomucoid, 152–153 Proteases in egg yolk, 51 hen's eggs versus, 143 protein purification and, 299 Protein(s). See also Egg proteins associated with eggshell matrix, 108, 109–110t, 111 content, isoelectric point, and moleculasr weight of egg albumen, 27t cross reactivity of hen egg, 259 in egg albumen, 22, 23–41, 293t egg albumen antimicrobial, 320t in egg cuticle, 19 in eggs, viii, 12, 13t, 141, 142-143 in eggshell, 16 in eggshell and eggshell membranes, eggshell antimicrobial, 116–117 in eggshell biosynthesis, 98 in eggshell formation, 2, 4, 7, 100–107 in eggshell matrix, 19, 20–21 in eggshell membranes, 22 in eggshell mineralization, 113–114 in eggshell powders, 130 in egg white, 185–186, 191 in egg yolk, 41-42, 43-52, 186, 187–191 produced by transgenic animals, 292 producing novel, 289-305 properties of egg yolk, 187t purification from egg white, 299 riboflavin and, 36–37 sialic acid in, 202–203 synthesis of egg yolk, 189 ubiquitous expression in chickens, 294-295 in yolk granules, 190–191 in yolk plasma, 188-190

Proteinase inhibitors, 30, 37 cystatin, 38 Protein bands, in eggshell biosynthesis studies, 102–103 Protein chemistry, in treating egg allergy, 261 Protein coatings, eggshell cuticle and, 5 Protein granules, in yolk, 12 Protein phosphorylation, in eggshell mineralization, 116 Proteoglycans in eggshell biosynthesis studies, 105 in eggshell formation, 102 in eggshell matrix, 19, 21 in eggshell membranes, 22 in eggshell mineralization, 116 Proteolytic enzymes, ovomucoid and, 152 Proteome, 100–102 analysis of egg albumen, 23–25 Proteomic analysis, of hen's eggs, 142 Proteomics, 102 of chicken calcified eggshell organic matrix, 107–111 eggshell, 100–111 Pro-vitamin  $D_3$ , in cholesterol reduction, Pseudoallergic reactions, defined, 240 Pseudomonas, ovotransferrin versus, 151 Pseudomonas aeruginosa avidin versus, 164 cystic fibrosis and, 221-223 eggshell defenses against, 116, 117 eggshell products versus, 321 egg yolk antibodies versus, 322 ovalbumin-derived peptides versus, 150 ovomacroglobulin versus, 160, 161 Pulse electric field processing, in preparing hypoallergenic egg products, 269 Purine  $N_1 - C_6$  hydrolase, in egg yolk, 51 Puromycin, 40, 297, 298 Pyruvate kinase, in egg yolk, 51 Qualitative values, of egg yolk lipid, 193–195 Quiescence-specific protein, 165. See also Extracellular fatty acid-binding protein (ex-FABP) in egg albumen, 24

Quillaja saponin, in managing egg allergy, 271



Rabbit IgG, as immunosorbent ligand, 215 Rabbits, in specific antibody preparation, 209–210, 211t Rabies virus, IgY prevention of, 217, 218 Radiation technology, in preparing

Radioallergosirbent (RAST) assays for egg allergy, 245, 247 of lysozyme, 257 of ovalbumin, 253 of ovotransferrin, 255 of phosvitin, 258 Rats

effect of eggshell powders on none mineral density in, 132-134 effects of sialyloligosaccharides on, 206 in treating egg allergy, 264 introduction, 294 144

in dental caries studies, 220-221 RAV-2 promoter, in chicken transgene Reactive-oxygen species, egg white versus,

Recombinant "vaccine," in treating egg allergy, 261-263 Recombination, in novel protein production, 292

Red mold rice supplementation, egg yolk composition and, 42 Redmouth disease, IgY versus, 224 Regulation, of egg products industry, 308 Regulatory region

for lysozyme locus, 293, 294 for ovotransferrin locus, 293-294 of ovalbumin locus, 292 food allergy and, 244 in treating egg allergy, 260, 264

Regulatory T (Treg) cells Rejection, IgY use versus, 218-219 Reproductive tract, egg white production

from, 290, 291

Respiratory allergies, egg allergy and, 245 Respiratory infection, cystic fibrosis and, 221

Respiratory system, egg allergy and, 245 Retroviral vectors, for introducing transgenes into chicken genome, 295-296

Reverse osmosis, in egg products industry, 318

#### INDEX

hypoallergenic egg products, 269

Reverse-phase HPLC, in eggshell matrix proteomics, 107. See also High performance liquid chromatography (HPLC) Rheacalcin-1,2 (RCA1, RCA2), in eggshell biosynthesis studies, 103 Rheumatoid factor (RF), in immunologic assays, 214 Rhode Island Red (RIR) hens, immunoglobulin Y of, 49 Rhodococcus equi, in cholesterol reduction, Rhodocyclus gelatinosus, for egg yolk pigmentation, 64 Riboflavin, 36–37 in albumen, 41 in egg yolk, 60 RBP and, 189 Riboflavin-binding apoprotein (apo-RBP), 36 Riboflavin-binding protein (RBP), 160 in albumen, 36 in egg white, 190 properties of egg yolk, 187t sialic acid and, 203 in yolk plasma, 189–190 Rice, hypoallergenic, 269-270 Rice products, hypoallergenic, 268 RNA interference, in preparing hypoallergenic egg products, 269 RNA polymelase 2, IgY asays for, 215 Robinoclease, in egg yolk, 51 Rocket-immunophoresis method, 213 Rotavirus. See also Human rotavirus (HRV) infection oral passive IgY immunization versus, 50 ovoinhibitor versus, 159 Rotavirus diarrhea IgY versus, 219-220, 225 sialyloligosaccharides versus, 204-205, R-ovalbumin, 27 Roxins. See Aflatoxin B1 RSV promoter, in chicken transgene introduction, 294 **RT-PCR** analysis, 297

Saccharomyces, in treating egg allergy, 261 Saccharomyces cerevisiae, egg product desugarization and, 316

#### INDEX

Salmonella, in egg pasteurization, 315 Serpin loop, 26 Salmonella enterica (SE), eggshell Serratia marescens penetration by, 6 avidin versus, 164 Salmonella enteritidis ovalbumin-derived peptides versus, eggshell defenses against, 116 150 eggshell products versus, 321 ovomacroglobulin versus, 160 egg yolk lipoproteins versus, 46 Serum albumin, in yolk plasma, 189 immunoglobulin Y versus, 51 Serum antibody, immunoglobulin Y versus, ovotransferrin versus, 151 207–209. See also Immunoglobulin G Salmonella enteritidis antigens, 49 (IgG) Salmonella-free eggs, 313 Serum IgE antibody levels, egg allergy Salmonella gallinarum, immunoglobulin Y and, 246 versus, 51 Serum phosphorus, effect of eggshell Salmonella typhimurium powder administration on, 135 avidin versus, 39 Serum therapy, as passive immunization, cystatin versus, 162 216 eggshell products versus, 321 Serum transferin, 28 egg yolk lipoproteins versus, 46 Serum vitellogenin, 189 immunoglobulin G versus, 51 Serum VLDL, in yolk plasma, 188 Salmonid fish, IgY versus infection in, Shell egg production practices, 313 224 Shell gland Salt, transparent egg white gels and, 319 in eggshell biosynthesis, 99 Sanitization, in egg products industry, in eggshell mineralization, 112 310-311 Shell matrix. See Eggshell matrix Saturated fatty acids, in egg yolk, 54 Shell membrane(s) (SM), 8, 22. See also Scanning electron microscopy (SEM) Eggshell membranes (ESM) of eggshell, 100 applications of, 321 of eggshell cuticle, 5 chemical composition of, 16, 18t, 22 of eggshell layers, 7 in eggshell mineralization, 112 of egg yolk structures, 9, 10, 11–12 Sialic acid Scrambled egg mixes, 307 derivatives of, 201, 202 Secretory calcium-binding phosphoprotein in eggs, 12–15 (SCPP) family, in eggshell in eggshell, 17–18 biosynthesis studies, 104-105 in egg yolk, 59, 200–206 Secretory epithelial cells, egg white glycoproteins and glycolipids in, production from, 290, 291 203 - 204Secretory granules, egg white stored in, from hen's eggs, 202-203 290, 291 isolation of, 202, 203 Selenium (Se) metabolic abnormalities of, 201–202 egg chemical composition and, 15 Sialoprotein, in eggshell biosynthesis in egg yolk, 60 studies, 104, 105 Sendai virus, sialyloligosaccharides versus, Sialylglycoconjugates, 204 204 Sialylglycopeptide(s) (SGP), in egg yolk, Sensitization phase, of food allergy, 242 51-52, 60Serine protease inhibitor, ovoinhibitor as, Sialylglycoproteins, 204 158-159 Sialyloligosaccharides, 204–206 Serine residues, in phosvitin, 46 in egg yolk, 187 Serpin family of protease inhibitors, 251, isolation of, 205-206 290-292 learning performance and, 206

104, 105 Siderophores, ovotransferrin and, 151 Single-Comb White Leghorn (SCWL) hens, immunoglobulin Y of, 49 Single-nucleotide polymorphisms (SNPs), in eggshell biosynthesis studies, 104 Skeletal muscle proteome, in eggshell matrix proteomics, 108 Skin, egg allergy and, 245 Skin fibroblasts, effects of eggshell membrane on, 137, 138t Skin injuries, eggshell membrane in treatment of, 136-137 Skin tests, of major egg allergens, 246 Snake venom, IgY neutralization of, 217 Sodium (Na) in eggshell powders, 130 in egg white, 185 in IgY purification, 212 Sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) egg albumen protein analysis via, 23 - 24in eggshell biosynthesis studies, 102 in eggshell studies, 4, 20 of ovoinhibitor, 37, 38 Sodium sulfate desalting, in IgY purification, 213 Solubility, of eggshell powders, 132 Soluble eggshell membrane protein (SEP), Soluble matrix proteins, in eggshell mineralization, 113 Solvents, in altering lipid ad cholesterol content of eggs, 318 Southern blot analysis, 297, 298 S-ovalbumins, 26–27 Soy as food allergen, 241-242, 245

hypoallergenic, 269 Soy oil supplementation, egg chemical composition and, 16 Spain, egg allergy prevalence in, 245 Specific antibodies preparation of, 209-210, 211t productivity of, 211-212

## 358

SIBLING (small integrin-binding ligand, nlinked glycoprotein) mineralization loci, in eggshell biosynthesis studies,

Specific IgY, industrial-scale production of, 215 Specific immunotherapy, egg allergens in, 259 - 267Specific oral tolerance induction (SOTI), in treating egg allergy, 259 SPF conditions, in chicken breeding, 300 Spheres. See Yolk spheres Sphingomyelin(s) (SM) in egg yolk, 55, 56-57, 192, 193t uses of, 197 in yolk plasma lipoproteins, 188 Sphingosine, in egg yolk, 59 Sphiongomyelinase, sphingomyelin hydrolysis by, 57 Spinal fluid proteome, in eggshell matrix proteomics, 108 Spleen lymphocytes, avidin and, 164-165 Sponge layer, 6. See also Palisade layer SPOTs membranes, 248 Spray-dried egg powders, cholesterol oxidation and, 59 Spray-dried egg white, 318 Stage X embryos, 297, 298 Standardization, in chicken breeding, 300 Staphylococcal enterotoxins (SEA, SEB), IgY neutralization of, 217–218 Staphylococcus aureus avidin versus, 164 eggshell defenses against, 116, 117 eggshell products versus, 321 IgY neutralization of, 217-218 immunoglobulins and, 213–214 lysozyme versus, 157 ovotransferrin versus, 151 Staphylococcus epidermidis, avidin versus, 164 Stearic acid (SA), in egg yolk, 54, 193, 194t Storage, of lysozyme, 34 Strength, of eggshell, 7, 8 Streptavidin, 39 Streptococcus, cystatin versus, 162 Streptococcus mutans egg yolk antibodies versus, 322 fatty acids and triglycerides versus, 55 immunoglobulin Y versus, 51, 207, 220-221 ovotransferrin versus, 151

#### INDEX

Streptococcus mutans serotype c, 50 TGF-β-producing T cells, in treating egg allergy, 264 eggshell biosynthesis studies, 103 Th1-skewed immune response, in treating egg allergy, 262 Th1/Th2 balance paradigm, food allergy and, 243, 244 T helper 1 (Th1) cells, food allergy and, 242-244 T helper 2 (Th2) cells food allergy and, 242-244 lipid and cholesterol content of eggs, in treating egg allergy, 264 318 Therapeutic inhibitory peptides, ovomucoid and, 152–153 Therapeutic monoclonal antibody, in novel protein production, 293 introduction, 294 Thermal processing effect on cystatin, 38 35-36 lysozyme inactivation via, 34, 35 in preparing hypoallergenic egg products, 267-268 Thiamin-binding protein antimicrobials, 120 biological activities of, 148t, 167 in egg yolk, 190 in hen's eggs, 142 Thick albumen, 8–9 Thin albumen, 8–9 lysozyme, 157 Thymidine kinase 1 (TK1), IgY asays for, 214 See also T lymphocytes TIG1 gene, in eggshell biosynthesis studies, 105 260Tissue-specific expression, in novel protein production, 292-293, 293-294 TLR-9 receptor, in treating egg allergy, 266T lymphocytes. See also T cell entries avidin and, 164–165 food allergy and, 242-244 α-Tocopherol, in egg yolk, 61, 65 248Tocopherols antioxidant activity of, 199 in egg yolk, 61, 65 α-Tocopheryl acetate supplementation, egg yolk composition and, 42 Toll-like receptors (TLRs), in treating egg allergy, 265–266 Toxic food reactions, defined, 240 Toxins. See Antitoxin; Enterotoxins; Venoms reduction, 58 Trans-fatty acids, in egg products, 308

359

Struthiocalcin-1,2 (SCA1, SCA2), in Submandibular gland, sialic acid from, 202 Subtilisin, 26 Sugar nucleotides, sialic acid and, 201-202 Sugars, sialic acid and, 203 Sulfated molecules, in eggshell matrix, 19 Sulfhydryl groups, in albumen, 8 Supercritical carbon dioxide, in altering Surfactants, phospholipids as, 196, 198-199 SV40-β-galactosidase transgene, 295 SV40 promoter, in chicken transgene Sweetness, of hen egg white lysozyme, Swiss-Prot database, 23 Symptoms, of food allergy, 241, 242t Γ cell anergy, in treating egg allergy, 260. T-cell epitopes of ovalbumin, 253 of ovomucoid, 250-251, 252 in treating egg allergy, 263 effects on immunoglobulin Y, 49-50 ovalbumin and, 252 resistance of ovomucoid to, 248-249 antimicrobial activity of, 119 biological activities of, 147t, 166

Synergistic effects, among eggshell Systemic administration, of IgY, 217-219 Systemic anaphylaxis, 241 "Tailoring and modeling" strategy, for T cell apoptosis, in treating egg allergy, T-cell immunity, ovalbumin and, 255, 256 T-cell lines (TCL), OVA-specific, 255, 256 T-cell proliferation assay, of ovomucoid, Temperature Tenp protein in hen's eggs, 142 Tetrahymena thermophila, in cholesterol

Transfection, of embryonic stem cells, 297-298 Transferrin, 28. See also Ovotransferrin (OTf) Transfer rooms, in egg products industry, 310-311 Transforming growth factor  $\beta$  (TGF- $\beta$ ), food allergy and, 244 Transgene function, evaluating, 298 Transgenes introduction into chicken genome, 295-299 in novel protein production, 292-294 in ubiquitous protein expression, 294-295 Transgenic animals, protein production by, 292 Transgenic chickens, 289 creation of, 295-299 human immunoglobulins in, 290 Transmission electron microscopy (TEM) in eggshell biosynthesis studies, 106-107 in eggshell formation studies, 2-4 of eggshell cuticle layers, 5 of egg yolk structures, 11-12 Transparent egg white gels, 319 Transplantation, IgY in, 218-219 Transthyretin, in egg yolk, 290 Tree nuts, as food allergen, 241-242 TrEMBL database, 23 Triacylglycerols, in egg yolk, 54 Tributylase, in egg yolk, 51 Triglycerides (TG) in egg yolk, 52, 53, 54-55 in lipovitellins, 190 Triticale variety Bogo, for egg yolk pigmentation, 65 Trypsin oral IgY administration and, 220 ovoinhibitor and, 159 ovomucoid inhibition of, 152, 153 Tubular gland cells egg white production from, 290, 291 in novel protein production, 293 in ubiquitous protein expression, 294-295 Tubular-type heat exchangers, 313, 314 Tumor necrosis factor (TNF), in Crohn's

disease, 223

Tumor necrosis factor α (TNFα) avidin and, 164 ovalbumin and, 150 Tumor necrosis factor  $\beta$  (TNF $\beta$ ), food allergy and, 242 Tung oil, dietary, 55 Two-dimensional electrophoresis (2DE), egg albumen protein analysis via, 23-24, 25 Two-dimensional polyacrylamide gel electrophoresis (2D-PAGE) in eggshell studies, 4 of hen's eggs, 142 Two-photon laser-scanning microscopy, 296 Type I food allergy, etiology of, 242 Type I hypersensitivity reaction, 240 Type III collagen, effects of eggshell membrane on, 137, 138t Type X collagen in eggshell formation, 8 in eggshell membranes, 22 Type X collagen-containing fibrils, in eggshell formation, 2, 8 Ubiquitous proteins in eggshell biosynthesis studies, 103 in eggshell mineralization, 113 Ultracentrifugation of egg yolk, 188 in IgY purification, 212 Ultrafiltration, in egg products industry, 318 Ultrapasteurization, of eggs, 316 Ultrastructural immunocytochemistry, in eggshell biosynthesis studies, 105 Ultraviolet A (UVA) light, eggshell membrane, ascorbic acid, and skin resistance to, 138, 139 Ultraviolet B (UVB) irradiation, vitamin D supplementation via, 62-63 UniProt knowledgebase, 23 United States. See also US Department of Agriculture (USDA) egg allergy prevalence in, 245 egg product dehydration and concentration in, 316-318 egg product desugarization in, 316 food allergens in, 241-242

#### INDEX

food allergy prevalence in, 240–241 regulation of egg products industry in, 308

Unit operations, in egg products industry, 308–319

Urease, in *Helicobacter pylori* sterilization, 221, 222

Urine deoxypyridinoline (DPD), effects of eggshell administration on, 134

Uronic acid, in eggshell, 17–18

Uropygial gland, antimicrobial activity of, 120

Urticaria, egg allergy and, 245

US Department of Agriculture (USDA)

egg products industry regulation by, 308 pasteurization requirements of, 314t, 315

Uterine fluid

egg formation in, 7

in eggshell biosynthesis, 99

in eggshell mineralization, 112, 113, 114, 115

Uterus

in eggshell biosynthesis, 99

in eggshell mineralization, 112, 113

Vaccination, preventive, 218

Vaccines, hypoallergenic, 239

Vaccine therapy, as active immunization, 216

Vasorelaxing effects, of egg white, 143–144 Vaterite, in eggshell palisades, 6

Venoms, immunoglobulin Y versus, 207, 217

Versican, in eggshell biosynthesis studies, 104

Vertical crystal layer, 6–7, 101

Very low-density lipoproteins (VLDL) in egg yolk, 42, 43, 44

in yolk plasma, 188

Vesicles, in eggshell matrix, 6

Vesicular cuticle (VC), 4–5

Vibrio anguillarum, immunoglobulin Y versus, 51

Vibrio vulnificus, ovomacroglobulin versus, 161

N-Vinylpyrrolidone, in treating egg allergy, 266

Viral vectors, for introducing transgenes into chicken genome, 295–296

Viremia, 295 Viscosity of egg white, 143 ovomucin and, 32 Viscous layer, of albumen, 8 Vitamin A, in egg yolk, 60, 61, 62 Vitamin B<sub>12</sub>-binding protein, in egg yolk, 190 Vitamin binding properties, of egg albumen proteins, 23 Vitamin C, absence from eggs, 41 Vitamin D, in egg yolk, 60, 61, 62-63 Vitamin D supplementation, egg yolk and, 62-63 Vitamin E in egg products, 308 in egg yolk, 60, 61, 62 Vitamin E supplements as affecting eggshell formation, 4 egg yolk and, 10–11, 61–62 Vitamin K, in egg yolk, 63 Vitamins in egg albumen, 22, 41 in eggs, 12, 13t, 141 in egg white, 186 in egg yolk, 25t, 60-63 Vitelline, in egg yolk, 45–46 Vitelline membrane, 9–11, 12 composition of, 42 Vitelline membrane protein (VMO-1) in albumen, 40-41 biological activities of, 148t, 167 in hen's eggs, 142 Vitellogenin(s), 189 in egg yolk, 290 phosvitins from, 191 Vitellogenin gene, 289 Vitelloinhibitor, in albumen, 38 VP4 rotavirus spike protein, 220 VP8 recombinant HRV coat protein, 220 Washing, of eggs, 310 Water in eggs, 12, 15t, 141 in egg white, 186, 191 in egg yolk, 186, 191 Water activity, in cholesterol oxidation, 59 Wellman-Labadie, Oliver, x, 97



Western blot analyses, 299 in treating egg allergy, 262 Wheat, as food allergen, 241-242 Wheat flour, hypoallergenic, 268-269 White spot syndrome virus (WSSV) disease, immunoglobulin Y versus, 51 Whole eggs chemical composition of, 12, 13-14t, 15t freezing and storing, 313 processing liquid, 312 Whole eggshell (WES), lactic fermentation of, 19 Whole-milk powder, cholesterol oxidation and, 59 Whole stage 29 embryo proteome, in eggshell matrix proteomics, 108 Xanthophylls, in egg yolk, 63-64. See also Marigold xanthophylls (MX) Xanthophyll supplementation, 65 Xenografts, IgY in, 218-219 Xenotransplantation, IgY in, 218-219 X gene, in ovalbumin production, 292 X-ray crystallography, of lysozyme, 33 X-ray diffraction, of lysozyme, 257 Yang, Marie, x, 239 Yeasts, in treating egg allergy, 261 Yellow fever vaccine, egg allergy and, 246 Yellow yolk, 9, 11-12 Yersinia ruckeri IgY versus, 224 immunoglobulin Y versus, 51 oral passive IgY immunization versus, 50 Y gene, in ovalbumin production, 292 Yolk, 2 acyl and alkyl LPA in, 15 albumen and, 8, 9 antibodies in, 187, 206-225 bioactive components in, 185-237 carbohydrates in, 204 chemical composition of, 1, 12, 15t, 23t, 24t, 25t, 41-65

INDEX

containing S-ovalbumins, 27 deposition of novel products into, 289 in eggs, 141 in eggshell biosynthesis, 98 egg white and, 185-186 as emulsifier, 320 freezing and storing, 313 functions of components of, 186-187 lipids in, 191-200 minor allergens in, 258-259 phospholipids in, 321 processing liquid, 312 production of novel proteins in, 290 protein and lipids in, 43t proteins in, 187-191 sialic acid in, 200-206 sialyloligosaccharides in, 204–206 structure of, 9-12 yellow, 9, 11-12 Yolk antibodies applications of, 322 in passive immunization, 217 production of, 49 Yolk granules, 9, 12 fatty acyl composition of, 24t properties of proteins in, 187t proteins in, 190-191 separation via centrifugation, 42 separation via ultracentrifugation, 188 Yolk lecithin, 192 Yolk plasma fatty acyl composition of, 24t properties of proteins in, 187t proteins in, 188-190 separation via centrifugation, 42 separation via ultracentrifugation, 188 Yolk spheres, 9, 10, 11, 12 YRL40 protein, detection of, 214 Zeaxanthin, in egg yolk, 63-64, 65 Zinc (Zn), in egg yolk, 60 Zymosan motifs, in treating egg allergy,

