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Who Moved My Cheese? is a simple parable that reveals profound truths. It is an amusing and enlightening story of four characters who live in a maze and look for cheese to nourish them and make them happy.

Cheese is a metaphor for what you want to have in life – whether it is a good job, a loving relationship, money or a possession, health or spiritual peace of mind.

And the maze is where you look for what you want – the organisation you work in, or the family or community you live in.

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- Enjoy change
- Be ready to change quickly, again and again

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WHO MOVED MY CHEESE?

DR SPENCER JOHNSON

1001

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Who Moved My Cheese?

An Amazing Way to Deal With Change
In Your Work and In Your Life

DR SPENCER JOHNSON

Foreword by KENNETH BLANCHARD PH.D.

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The One Minute Manager

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Who Moved My Cheese?

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