

"When you were born, you cried while the world rejoiced. Live your life in such a way that when you die, the world cries while you rejoice."

ANCIENT SANSKRIT SAYING

DOES THE GEM OF WISDOM QUOTED ABOVE strike a chord deep within you? Do you feel that life is slipping by so fast that you might never get the chance to live with the meaning, happiness and joy you know you deserve? If so, then this very special book by leadership guru Robin Sharma, the author whose *The Monk Who Sold His Ferrari* series has transformed the lives of thousands, will be the guiding light that leads you to a brilliant new way of living. In this easy-to-read yet wisdom-rich manual, he offers 101 simple solutions to life's most complex problems, ranging from a little-known method for beating stress and worry to a powerful way to enjoy the journey while you create a legacy that lasts.



ROBIN SHARMA shot to fame with *The Monk Who Sold His Ferrari* and is now the author of 15 bestselling books. Having sold more than 15 million copies in nearly 75 languages, he is also the founder of Sharma Leadership International Inc., a training firm that helps employees in organizations to 'Lead Without a Title'. Fortune 500 CEOs, rock stars, top entrepreneurs and royalty have all embraced his work and his clients include the likes of Microsoft, Starbucks, Coca Cola and even NASA.

www.robinsharma.com

To receive a constant stream of inspiration, follow Robin Sharma on Facebook

To be sold only in India, Bangladesh, Bhutan, Pakistan, Nepal, Sri Lanka & the Maldives

Elevate Your Life. Transform Your World.

JAICO BOOKS

www.jaicobooks.com

Self-Help



₹ 175

Also available with CD



Who Will Cry
When You Die?



ROBIN SHARMA

A
JAICO
BOOK

ROBIN SHARMA

Who Will Cry When You Die?

Life lessons from the Monk who sold his Ferrari

"Robin Sharma's books are helping people around the world live great lives."

PAULO COELHO

Author of *The Alchemist*

158.1 SHA/W

GASMTVK



1 0 4 0



JAICO

headed for a top spot on the bestseller list." *Investment Executive*

"Sharma's mission is to provide the reader with insight to become a visionary leader, helping them transform their business into an organization that thrives in this era of change." *Sales Promotion Magazine*

"Sharma combines the wisdom of the great philosophers from the West and the East and applies it to the business world." *The Liberal*

"Sharma uses lessons from past masters to shed light on how we can handle the tensions of a high-tech, fast-changing world." *The Red Deer Advocate*

Who Will Cry When You Die?

Life lessons from the Monk who sold his Ferrari

ROBIN SHARMA



JAICO PUBLISHING HOUSE

Ahmedabad Bangalore Bhopal Bhubaneswar Chennai
Delhi Hyderabad Kolkata Lucknow Mumbai

Contents

<i>Preface</i>	<i>xvii</i>
1. Discover Your Calling	1
2. Every Day, Be Kind to a Stranger	4
3. Maintain Your Perspective	6
4. Practice Tough Love	9
5. Keep a Journal	12
6. Develop an Honesty Philosophy	14
7. Honor Your Past	16
8. Start Your Day Well	19
9. Learn to Say No Gracefully	22
10. Take a Weekly Sabbatical	25
11. Talk to Yourself	27
12. Schedule Worry Breaks	30
13. Model a Child	33
14. Remember, Genius Is 99 Percent Inspiration	35
15. Care for the Temple	37
16. Learn to Be Silent	40

17. Think About Your Ideal Neighborhood	42
18. Get Up Early	44
19. See Your Troubles as Blessings	47
20. Laugh More	49
21. Spend a Day Without Your Watch	51
22. Take More Risks	53
23. Live a Life	56
24. Learn from a Good Movie	58
25. Bless Your Money	60
26. Focus on the Worthy	62
27. Write Thank-You Notes	66
28. Always Carry a Book with You	68
29. Create a Love Account	71
30. Get Behind People's Eyeballs	73
31. List Your Problems	76
32. Practice the Action Habit	78
33. See Your Children as Gifts	80
34. Enjoy the Path, Not Just the Reward	82
35. Remember That Awareness Precedes Change	84
36. Read <i>Tuesdays With Morrie</i>	86
37. Master Your Time	88
38. Keep Your Cool	90
39. Recruit a Board of Directors	93
40. Cure Your Monkey Mind	96
41. Get Good at Asking	98
42. Look for the Higher Meaning of Your Work	100
43. Build a Library of Heroic Books	103
44. Develop Your Talents	106
45. Connect with Nature	109
46. Use Your Commute Time	111

47. Go on a News Fast	113
48. Get Serious About Setting Goals	115
49. Remember the Rule of 21	117
50. Practice Forgiveness	119
51. Drink Fresh Fruit Juice	121
52. Create a Pure Environment	123
53. Walk in the Woods	125
54. Get a Coach	127
55. Take a Mini-Vacation	129
56. Become a Volunteer	131
57. Find Your Six Degrees of Separation	133
58. Listen to Music Daily	135
59. Write a Legacy Statement	137
60. Find Three Great Friends	139
61. Read <i>The Artist's Way</i>	141
62. Learn to Meditate	143
63. Have a Living Funeral	145
64. Stop Complaining and Start Living	147
65. Increase Your Value	149
66. Be a Better Parent	151
67. Be Unorthodox	153
68. Carry a Goal Card	155
69. Be More than Your Moods	157
70. Savor the Simple Stuff	159
71. Stop Condemning	161
72. See Your Day as Your Life	163
73. Create a MasterMind Alliance	165
74. Create a Daily Code of Conduct	167
75. Imagine a Richer Reality	169
76. Become the CEO of Your Life	171

77. Be Humble.	174
78. Don't Finish Every Book You Start	176
79. Don't Be So Hard on Yourself.	178
80. Make a Vow of Silence	180
81. Don't Pick Up the Phone Every Time It Rings	182
82. Remember That Recreation Must Involve Re-creation	184
83. Choose Worthy Opponents	185
84. Sleep Less	188
85. Have a Family Mealtime	191
86. Become an Imposter	193
87. Take a Public Speaking Course	195
88. Stop Thinking Tiny Thoughts	197
89. Don't Worry About Things You Can't Change	199
90. Learn How to Walk.	201
91. Rewrite Your Life Story	203
92. Plant a Tree	205
93. Find Your Place of Peace.	207
94. Take More Pictures.	209
95. Be an Adventurer	211
96. Decompress Before You Go Home.	213
97. Respect Your Instincts	215
98. Collect Quotes That Inspire You	217
99. Love Your Work	219
100. Selflessly Serve	221
101. Live Fully so You Can Die Happy	223
Acknowledgments	233

Preface



I honor you for picking up this book. In doing so, you have made the decision to live more deliberately, more joyfully and completely. You have decided to live your life by choice rather than by chance, by design rather than by default. And for this, I applaud you.

Since writing the two previous books in *The Monk Who Sold His Ferrari* series, I have received countless letters from readers who saw their lives change through the wisdom they discovered. The comments of these men and women inspired and moved me. Many of the notes I received also encouraged me to distill all that I have learned about the art of living into a series of life lessons. And so, I set about compiling the best I have to give into a book that I truly believe will help transform your life.

The words on the following pages are heartfelt and written in the high hope that you will not only connect